Orientor

DEFENSE MAPPING AGENCY AEROSPACE CENTER

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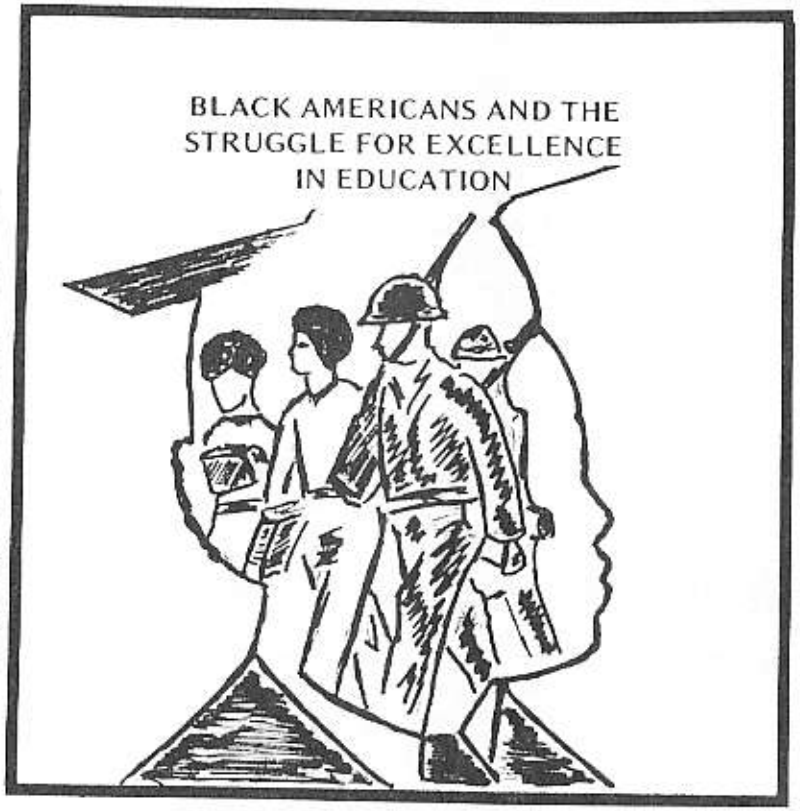
Education Is Black History Month Theme

"Education and Its Impact on Institutional Discrimination" was the topic of a speech by Dr. William J. Harrison, associate dean of instruction at St. Louis Community College at Forest Park, honoring Black History Month at the Aerospace Center yesterday.

The event, held in the Second Street dining hall was one of several activities connected with the annual observance, some of which emphasized this year's theme, "Black Americans and the Struggle for Excellence in Education."

Other activities included soul food menus in the dining hall Feb. 6, 13 and 23, with a short-ribs-of-beef special still to come on Feb. 27. Graphic Design illustrator LeRoy White has again constructed an exhibit, totaling 15 panels this year. "It's a labor of love," he commented. This exhibit on the 1984 theme has been shown in the main hallway on the first floor of Building 36 and is scheduled to move to South Annex



shown during the lunch hours at both Second Street and South Annex.

In addition to activities at the Aerospace Center, several students employed in "Stay-in-School" programs here are par-

their essays orally before a panel of five judges at the Federal Center Auditorium, 4300 Goodfellow, Feb. 28. Gail P. Evans, chief of the AC Equal Opportunity Office, is a member of the judging panel.

The Black History Month ob-

New Merit Staffing Reg Takes Effect March 1

A new Merit Staffing Regulation covering non-bargaining unit positions will become effective March 1. The regulation is a result of efforts which began two years ago with an employee survey conducted by the Directorate of Civilian Personnel. After the survey a task group of managers was established which used input from the survey, as well as department, directorate and staff office comments, to form the foundation for the development of the regulation.

The regulation, AC Reg. 1405.2, represents a refinement of the existing process. There are four areas of major change:

1. A supervisory appraisal of performance will be required for each non-bargaining unit position to which an employee makes application. The appraisal will be made on the KSAPs identified on the announced position and will receive one third weight in the employee's final rating. The appraisal form is AC Form 1405/POP-29. The applicant will obtain the form when obtaining a copy of the crediting plan from the Personnel Staffing Division. Instructions on the form clearly define how it is to be completed.

2. Applicant submission of KSAPs via the Supplemental Promotion Application Form 1405-23 will continue to be accomplished as it is under the current instruction. Rating panels will also continue to operate as they do under the current system. There will be two changes under the new regulation concerning points and values. The point spread will be 1-7 versus 1-4 currently in the values assigned to KSAP levels. Four level definitions will be developed

continued on page 2.

Blue Collar Pay Hike Delayed 90 Days

The Office of Personnel Management, in their FPM Bulletin 532-52, has confirmed the 90-day delay in implementing blue collar pay increases. Additionally, the implementing legislation (Public Law 98-151) places a limitation or "cap" on blue collar pay increases equivalent to that provided for General Schedule (GS) employees.

For Aerospace Center employees on WG, WL, WS, WD, WN, XP, XL, and XS pay plans this means that the effective date for to the 3.5 percent "Cap" will be supervisors (XS,WS) at grade 11 and above.

The Directorate of Civilian Personnel has received the new blue collar pay schedules and will distribute them to Center organizations this month.

Based on the new pay schedules the **average** hourly pay increases are identified below:

Pay Plan	Cents per hour	percent
WG	.3320	3.35
WL	.3646	3.35
WS	.6300	4.41

(White also designed the Black History Month graphic used in today's Orientor.) Films were also

essay contest sponsored by the metropolitan chapter of Blacks in Government. Finalists will present

is a project of the Equal Opportunity Office. Emmett Burton is project officer.

until April 1, 1984 and will be capped at 3.5 percent. An exception

XL	.4606	3.37
XS	.7131	4.32

Recruiting Adapts to Space/Computer Age

by Paul Hurlburt

College recruiting for the Aerospace Center has become an increasingly sophisticated operation that targets today's highly qualified graduate.

It was just over 20 years ago that Orientor readers were asked to help in the cartographer recruiting effort through "contacts with friends and acquaintances, who are, or might know of, well-qualified potential applicants."

Although this was a one-time solicitation, until recent years, in the words of Mary Ann Hinton, personnel specialist in charge of college recruiting, "If you had 24 hours of math, a security clearance, and could see stereoscopically, you had a job."

That situation has changed dramatically:

"Now we are finding there are a good number of people who are supremely qualified for cartographer positions," Hinton commented. "We no longer deplete the supply of applicants. In fact, we've taken only from the higher numbers on the register since 1981." The state of affairs exists despite the higher standards to qualify for a cartographer position that became effective in 1982.

What follows is a look at AC's ever-changing recruiting program, aimed at providing DMA with the best talent available to meet its mission challenge in the space/computer age.

The Aerospace Center still gets a large number of referrals for technical positions from the people who work here, prompting Hinton to remark, "Probably the informal network works just as well as the formal." Formal recruiting is done by about 20 employees, who spend several days a year on various college and university campuses conducting interviews with students.

The recruiters come from the ranks of cartographers, geodesists and aeronautical information specialists. Some hold senior management positions but many are deliberately chosen because they are new employees and presumably attuned to the concerns of individuals on the other side of the interviewing table. Position vacancy announcements are used to attract recruiter applicants, as needed, and selection is done under standard competitive procedures.

Last year recruiters from the Aerospace Center visited over 200 college campuses in all areas of the country except the Northeast, where recruiting for DMA is handled by the DMA Hydrographic/Topographic Center.

The colleges and universities visited by recruiters from the Aerospace Center are chosen by Hinton and approved by DMA Headquarters. Hinton bases her selections on the results of any prior visits, trip reports filed by the recruiters, and information taken from reference publications.

An attempt is made to visit as many colleges and universities as possible. However, not all colleges offer the specialized course work that adds points to an applicant's competitive ranking on the register from which new em-

continued on page 2.

AGU Meeting at South Annex Feb. 29

"Impressions of the 18th General Assembly of the International Union of Geodesy and Geophysics" will be the theme of the dinner meeting of the St. Louis Metropolitan Branch of the American Geophysical Union Feb. 29 in the South Annex dining hall.

Social hour will begin at 3:30 p.m., followed by a beef or ham buffet dinner from 4:45 to 6 p.m. and a technical presentation. Speakers include Dr. L. E. Wilcox of the Aerospace Center and Dr. Brian Mitchell and Dr. Stanislaw Vincenz, both of St. Louis University.

Admission is by ticket ($5.00), although the presentation may be attended at no cost. For information, contact Jeff Grosvenor/8410 or Louis Greco/8443.

New Chief of Training

Kathy Hagedorn has been appointed chief of the Training and Career Development Division in the Directorate of Civilian Personnel (POD). The appointment was effective Feb. 19. Hagedorn succeeds Rae Myers, who accepted a position with the Naval Supply Depot in Norfolk, Va.

Hagedorn served four months as temporary chief of POD in 1981 and was most recently a position classification specialist. POD will be supporting training requirements of the Special Program Office for Exploitation Modernization (SPOEM), she noted. "The next few years should be a challenging time for the division."

An Aerospace Center employee since September 1980, Hagedorn came here from NASA's Johnson Space Center in Houston. As the personnel management specialist responsible for providing the gamut of personnel services to the Space Center's Flight Operations Directorate, Hagedorn worked on a daily basis with the astronauts and others connected with the manned space flight program. "It was a part of my life I wouldn't trade," she said in an interview published in the April 9, 1982 Orientor.

Before going to Houston, Hagedorn worked for the Office of Personnel Management in St. Louis. She holds B.A. and M.A. degrees from St. Louis University.

New Chief of Supply

Major John E. Hall, USAF, who arrived Jan. 27 for duty as chief of Supply and Services, was most recently a student at the Armed Forces Staff College, Norfolk, Va. He has also served as a Supply staff officer at Tinker AFB, Okla., and chief of Supply for the 5071st Air Base Group, King Salmon, Alaska.

His awards include the Meritorious Service Medal with four Oak Leaf Clusters.

A native of McAlester, Okla., Major Hall earned his B.S. degree from East Central State College in Oklahoma and his M.S. from Webster University in Missouri. He received his Ph.D. in human resource management from Oklahoma State University last year.

Major Hall and his wife Linda are parents of two children.

Kudos

Mailroom Clerk Wins Chocolate Splurge

Mail room clerk Linda Hagen has been busy handing out recipes for her "Amaretto Cheesecake au Chocolat," which took first place in a chocolate dessert contest sponsored by Stix, Baer & Fuller. The cake, pictured at right, features a lovebird design by Aerospace Center visual information specialist David Eisenberg.

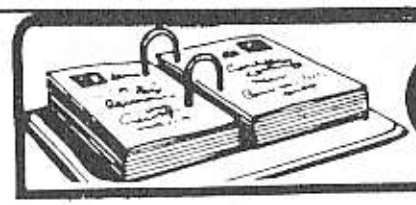
Hagen, who submitted an original creation, as required under contest rules, topped 45 other entires in the second annual Chocolate Splurge, held at Stix' Crestwood store Feb. 11. Her prize was a Cuisinart food processor. Last year she won an Oster kitchen center for placing second. Judges for the event were members of the Kirkwood Chocolate Club, a chocolate lovers club founded by Wayne Pounds and other teachers from Kirkwood High School.

Hagen said she baked two cakes; the first she tried out on her cousin. The birds, made of white and semisweet chocolate tinted green and yellow, attracted a lot of attention, she added, citing Eisenberg for his contribution. Linda completed the design with a deep pink heart as a Valentine Day's touch. The amaretto, an almond liquer, was mixed into the cream cheese and chocolate filling and also formed part of the topping. Hagen used crushed chocolate wafers and ground walnuts for the crust.

Shalhoob Recognized by Toastmasters

Notification has been received from Toastmasters International that George N. Shalhoob, management analyst in the Directorate of Logistics, has completed the first section of the organization's communications and leadership program. Completion of the section entitles him to the status of Competent Toastmaster.

Inducted into the Toastmasters in January 1978, Shalhoob put his training in speechcraft to early use as two-term president of the



Calendar

MAR	EVENT	PLACE	RESPONSIBILITY
6	Toastmasters	Lindbergh Rm.	V. Debruler/4492
8	IMAGE Mtg.	4406 Gravois	C. Athie/4276
8	ION Mtg.	Heritage House	B. Bradford/8420
8	Toastmasters	S. Annex	J. Rau/8224
15	Arsenal '76 FEW	Dining Hall	B. Savalick/4150
16	Bloodmobile	2nd St.	C. Hardin/4047
20	Toastmasters	Lindbergh Rm.	V. Debruler/4492
22	Toastmasters	South Annex	J. Rau/8824
28	NFFE Local 1827	Dining Hall	V. Haun/776-8424
29	AGU Mtg.	South Annex Dining Hall	J. Grosvenor/8410
Every Tues.	JA Mtg.	PP Conf. Rm.	J. Hagedorn/4974

Contact Rose Hunkins/4142 to have your April events listed.

Recruiting Adapts to Space/Computer Age

continued from page 1.

ployees are drawn. And, with the increased competition of the last couple of years, a school's curriculum can make the difference in determining whether an applicant is hired.

"In actuality, a small nucleus of schools provides us with most of the applicants whose scores are high enough to be hired," Hinton said. While the minimum score to be placed on the register is 70, new employees have not ranked below

and tell you the interview is over," said Al West (CDVAC), section chief in Aerospace Cartography Department's Vertical Obstruction Division. West has recruited extensively for the Aerospace Center and talked at length about the evolution of the program in the 80s.

Although the structured interview is basic to the placement program at most large institutions, it has certain disadvantages for the Aerospace Center. Because recruiters for the Aerospace Center don't make selections, the

students has arrived at the Center and successfully completed the Orientation Program.

Recruiters have their fingers on the pulse of the Aerospace Center in a special way. And, according to West, the future is bright: "The people who are coming in here now are awfully smart individuals," he said. "We're picking the cream of the crop from around the country."

EDITOR'S NOTE: Since this article was written, Al West has been hospitalized with a serious

as president of the Aerospace Center Toastmasters Club in 1982.

Nelson Named Outstanding Young Woman

Sandra M. Nelson, photogrammetric cartographer in the Geopositional Department's Positional Data Division, has been selected for inclusion in the 1983 volume of Outstanding Young Women in America. Nelson has been employed at the Aerospace Center since November 1982. She was graduated in May 1982 from Talladega College, Talladega, Ala., where she earned her B.A. in physics.

New Merit Staffing Regulation

continued from page 1.

for each KSAP but the levels will have values of 1,3,5,7 allowing for intervening values of 2,4,6 if the panel determines that candidates' experiences, training, and awards would be more appropriately evaluated between two established levels. The other change in this area is that the applicants' KSAPs will receive two thirds weight. The combined points of the applicants' KSAPs and the supervisory appraisal of performance will equal the candidates' total score.

3. After all the candidates have been rated, and their total point scores determined, candidates will then be placed in rank order on a register. A cutoff level to divide the register into two groups (Group I and Group II) will be determined by applying a standard mathematical formula defined in the Merit Staffing Plan. The number of individuals to be certified to the selecting supervisor will be determined by the Staffing Division of Personnel based upon the ability to establish a valid demarcation among candidates.

4. The final change is loss of consideration. If loss of consideration occurs because of a procedural or administrative error, the affected candidate will receive consideration for the next vacancy for which he or she is a viable candidate, along with all others identified via the merit staffing process. An individual who loses consideration because of a substantive error and consideration is directed by higher authority, will receive priority consideration to a position for which he or she is a viable candidate prior to all other candidates.

Special briefings will be provided to all employees on the new merit staffing regulations. The briefings, conducted by the Directorate of Civilian Personnel Staffing Division, will begin during the first part of next Month.

cording to Hinton. (The total of applicants for cartographer, geodesist and aero info specialist positions was over 2,500 last year; of these some 1,000 scored 70 or higher and were placed on the appropriate register.)

Besides course work, other factors, such as grade-point average, membership in a national honor society, and work experience are important in determining an applicant's rank.

The Aerospace Center has helped some students to strengthen their qualifications as applicants through its participation in a federal co-op program, which allows students from cooperating colleges and universities to spend half their time at the Center as trainees and half their time at school completing course requirements. Designed for students seeking degrees in scientific and technical areas, the co-op program gives special emphasis to the participation of women and minorities because they are underrepresented in scientific and technical areas. Another program for student trainees, the Federal Junior Fellowship Program, is also utilized by the Center to enhance the qualifications of cartographer applicants and others.

Traditionally the recruiting effort has centered on the one-on-one interview, arranged in advance with the assistance of the placement office on each college campus. At large institutions, the recruiting schedule is apt to be highly structured. For example, the first 13 students to sign up might each get a 30-minute interview.

"Sometimes a placement official will walk in at the end of 30 minutes answering questions and imparting information. Individual interviews limit the number of students that can be reached.

"If there's an overflow, you might miss someone who is really competitive," West commented. To avoid this problem, recruiters for the Aerospace Center have been known to talk to overflow groups after normal interview hours. "I've told placement officials, if you've got an overflow group, let me talk to that group," said West. "I like to reach as many students as I possibly can; I've never turned anyone away."

West also tries to put students at ease by telling them, "I'm a cartographer, not a personnel type; I won't make value judgments about you because I'm not involved in hiring." Even so, the one-on-one encounter can be unnecessarily threatening for the student.

An innovation aimed at solving these problems has been what Hinton calls the "classroom presentation," a format which allows the recruiter to address whole groups at a time. "This way you get more questions and you impart more information without repeating yourself," said West, who has used both approaches. "Instead of spending the entire day at one institution interviewing 13 students, you could visit two schools and talk to several groups."

After a recruiter completes a trip, Hinton receives a report concerning the number of contacts made, recommendations concerning future visits, and other observations. As a personal touch that helps to cement relations with placement offices, West said he notifies colleges after one of their

strength" dose of health and happiness.

In Sympathy

Word has been received of the death Feb. 14 of retired aeronautical information specialist Robert P. Currie.

Mr. Currie spent most of his federal career in the U.S. Air Force. Finishing bombardier school in February 1941, he flew combat missions out of Hawaii and India during World War II. After the war he attended navigation school and served with the Strategic Air Command aboard B-29, B-50, B-47 and B-52 aircraft. "When I retired from the Air Force on June 30, 1963, no one disputed the fact that I was the oldest combat crew member in SAC," he once commented. He retired from the Aerospace Center in January 1980.

Mr. Currie leaves his wife Helen and son James. Interment was in Jefferson Barracks National Cemetery.

★★★★★★★

Word has been received of the death of Mary M. Dobrinic, a cartographic clerk who retired in 1971 after more than 17 years at the Aerospace Center. Miss Dobrinic died Nov. 24, 1983. She leaves a sister in Lakeland, Fla., Sister Ann Dobrinic.

January Honor Roll

35 YEAR

Glenn B. Burgdorf Jr., Robert F. Day, Richard J. Koprowski, Ernest O. South, Otto C. Stoessel Jr., Ralph L. Terry, Joseph J. Weltig Jr., Frank Wolff Jr.

30 YEAR

Richard A. Egan, Alan W. Richardson, Neil J. Simmons.

25 YEAR

Hubert F. Cobb, Augustus N. Ladd Jr., Ira L. Weikel.

20 YEAR

Fitz J. Bartlett Jr., Kathryn C. Foehrkalb, Joan E. Gardner, Theon L. Heisserer Jr., Wandra L. Seward, Len Yarborough Jr.

15 YEAR

Phyllis Y. Cooper, Dennis R. Crain, Norman J. Kearney, Frank A. Palank, Nora A. Savoy.

10 YEAR

Phillip R. Butler, Charles H. Cook II, Bruce D. Crawford, Jerry L. Denison, Dolores W. Dollar, Donald G. Giarraffa, Richard A. Glass, Mary A. Hubacek, Michael L. Mecava, Clarence Leroy Owens, Barry M. Papke, Stuart L. Recknagel, John R. Reiter, James R. Sherrod, Gary D. Taggart, Patricia A. Tolefree.

OUTSTANDING PERFORMANCE RATING

Stanley L. Allen, Kim A. Beaudoin, Ronald Beckeman, Booker G. Bowers, Florence J. Chambers, Philip V. Claeys, Harold K. Clarkson, Nicholas J. Congemi Jr., Samuel F. Dane, John M. Devero, Diane L. Dickens, John H. Duckworth, Benjamin Fordson, Ronald D. Forsythe, John M. Hillestad, Iris L. Honchak, Susan M. Houser, James C. Krohn, John L. Lengyel, Joni L. Lobb, Bruce J. Lohman, Phillip L. Martin, Robert C. Moehl, Lila L. Meinhardt, Donald E. Mumm, Sue A. Parker, Joseph J. Pavero Jr., Michael G. Platter, Albert Prater Jr., John Sanders Jr., Margaret D. Skinner, Clarence R. Thomas, Donald P. Vail, Charles Viviano, John A. Watford, Robert H. Wilhelm, Dale A. Winters, Charles E. Woolf.

OUTSTANDING PERFORMANCE RATING/ QUALITY STEP INCREASE

Kenneth G. Haertling, Marilyn A. Smith, Basil J. Williams.

New Manager of Dining Halls

Pauline Norfleet has been appointed manager of the Center dining halls; the position includes responsibility for the dining hall and snack bar at 3200 S. Second St. and the dining hall at 8900 S. Broadway.

Norfleet is an employee of Davis Catering Co., concessionaire for the dining hall facilities under contract with the Base Restaurant Council, the organization of volunteer employees that oversees the dining hall operations. She has been an employee of Davis Catering since June 1980 when she was assigned to the Aerospace Center as a cafeteria helper. She was subsequently promoted to cook, head cook and assistant manager.

Except for two years as a cook in a nursing home in California, Norfleet has always lived in St. Louis. She went to Vashon High School and now has a 14-year-old son Kevin at Normandy Senior High.

As manager, Norfleet is responsible for planning the daily menus, the part of her job she likes the best, she said. "I'm getting together with the manager at

Davis (headquarters) on menus, and we're going to be trying some new things," she said. She will also be attending school part time, beginning in March, as the Davis Co.is sending her to St. Louis Community College at Florissant Valley to study management.

Norfleet lists cooking as one of her hobbies. "I've gotten into the habit of cooking too much at home, I'm so used to doing it here," she said. "We have leftovers for days." Reading and listening to soft music are also among her leisure activities "but not sports."

And what words does Norfleet have for AC employees? "If somebody has a complaint, I sure would like to know about it because I want everybody to be satisfied."

Absentee Voting Help Available For Military

Military personnel assigned to the Aerospace Center and those AC civilian personnel residing outside the United States should contact Maj. James C. Jeske to obtain a Federal Post Card Application for an absentee ballot.

Major Jeske, director of Administration, has been appointed as the Center's voting assistance officer. 1984 is a Presidential election year with many primaries and a general election scheduled for Nov. 6. The Federal Post Card Application, when completed and mailed to home state election officials, enables the sender to obtain a ballot to vote in the upcoming elections.

In addition to the Federal Post Card Application, Major Jeske has information concerning election activity in each state, including primary dates and federal and state positions that are subject to election this year. He may be reached at 4627 (Autovon 693-4627).

Employee Retirements Announced

WILLIAM A. SMITH (CO), attorney adviser general, retired Jan. 10 with more than 33 years of federal service. He is a World War II veteran and came to the Aerospace Center in 1972. Smith has moved to Blacksburg, Va.

THOMAS W. TYNDALL (LOSMS), warehouse worker, retired Jan. 3 with more than 36 3 with 41 years of federal service, including 38 years and 11 months at the Aerospace Center.

CHESTER GROSS (PPCC), cartographer, retired Jan. 3 with more than 38 years of federal service, including 35 years and four months at the Aerospace Center.

WILLIAM I. GUIN (GADF), inventory management specialist, retired Jan. 3 with more than 34 years cluding 16 years at the Aerospace Center.

JAMES D. NOLAND (GDLBA), supervisory cartographer, retired Jan. 3 with more than 31 years and six months of federal service, all but three months at the Aerospace Center.

MARION A. PIGGEE (CDCP), supervisory cartographer, retired Jan. 3 with more than 32 years of

OUTSTANDING PERFORMANCE RATING/ SUSTAINED SUPERIOR PERFORMANCE

Francis J. Aufmuth, James Butler, Lillian H. Doebber, Thomas P. Doyle, Allen H. Elrod, James S. Goretti, Chester Gross, Jackson W. Harmon, Julia M. Lewis, John A. Mitchem, Charles W. Phillips, Harry A. Salomon, Robert J. Smith, Kenneth H. F. Tebbe, Charles D. Trimble, Calvin Weaver Jr., Willard W. Wood.

SUSTAINED SUPERIOR PERFORMANCE

Roger A. Becker, David R. Crews, Donald T. Feager, Emil W. Gibson Jr., Wendy L. Hempel, Lewis Herron III, Sharon A. McSpadden, Jane A. Messenger, Linda M. Moore, Ronald A. Ottens, Gwendolyn M. Patterson, Clarence M. Poindexter, Edward H. Randoll, Gary J. Schwalbe.

SPECIAL ACT AWARD

Raymond J. Haack, Joel B. Starkey.

SUGGESTIONS

Sharon M. Wallenberg, $50.00; Theon L. Heisserer Jr., $25.00; Marcia V. Jones, $25.00; Gene D. Knight; Dale R. Mueller.

JANUARY PROMOTIONS

The following people have received promotions during the month of January: Kathleen L. Allen, XP-9; David J. Allton, GS-9; John L. Ball, GS-4; Larry A. Berne, GS-11; Glenn T. Beshears, GM-14; Jeanne M. Bober, GS-5; James W. Bordoni, GS-9; Vernon C. Bottenfield, GS-9; Virginia A. Bowles, GS-7; Larry H. Brantley, GS-11; Allen I. Briesacher, GS-11; Rebecca A. Brophy, GS-4; Lisa R. Burley, GS-11; Cassandra J. Bush, GS-11; Lee J. Casetta, GS-9; Richard A. Deist, GS-9; Stephen A. Dunn, GS-9; Colleen F. Flood, GS-6; Ruth A. Giedeman, GS-7; Joanne I. Graham, GS-6; George R. Groh, GS-7; William B. Holtz, GS-12; Larry E. Hornsby, GS-11; Martin S. Hutchison, GS-11.

James R. Jackson, GS-10; Larry L. Jensen, GS-12; Robert E. Jett, GS-12; Gregory W. Johnson, GS-9; Emma L. Kaiser, GS-11; Adele B. LaChance, GS-6; Bruce J. Lohman, GS-7; Douglas A. Lynch, GS-9; Savannah B. Marsh, GS-6; Lila L. Meinhardt, GS-5; Vivian Mooney, GS-7; Mary A. Moses-Toenjes, GS-12; Harvey M. Nelson, GS-12; Geraldine V. Neumann, GS-12; Nestor Nieves, GS-11; Patricia J. Nowicki, GS-7; Michael F. O'Grady, GS-7; Ralph R. Peterson, SX-14; James T. Petraitis, GS-11.

Joseph V. Raymond, GS-10; Stuart L. Recknagel, GS-12; Marc L. Schumacher, GS-10; Steven M. Shumway, GS-9; Richard E. Simpson, GS-9; Randy A. Snyder, GS-9; Elizabeth L. Stock, GS-9; Kim A. Sudholt, GS-4; Kathleen Jo Svoboda, GS-6; Phillip M. Swindle, GS-11; Susan D.Timme, GS-4; Diane L. Washburn, GS-12; Vonnae Weir, GS-12; Mona C. Zuhlke, GS-9.

the Army in October 1941, he served in a supply section of the 1694th Engineer Battalion in the South Pacific. As a civilian he worked for the Army Records Center as a truck driver before coming to the Aerospace Center in 1952. "I have enjoyed working with the people of DMAAC," he said. "I hope to travel some and enjoy my family and home."

Other retirements, not previously announced, are listed in alphabetical order:

JOHN A. BATEMAN (CDVAC), cartographer, retired Dec. 26 with 37 years of federal service, including 35 years and one month at the Center.

DANTE CIUFFA (SDDAC), cartographer, retired Jan. 3 with more than 35 years of federal service, including 33 years and eight months at the Aerospace Center.

JUSTIN J. DONAHAY (SDDAD), cartographer, retired Jan. 3 with more than 33 years of federal service, including 30 years and eight months at the Aerospace Center.

WAYNE L. DYE (GDLAC), photogrammetric cartographer, retired Jan. 3 with more than 35 years of federal service, including 32 years and eight months at the Aerospace Center.

GEORGE T. FANK (GDP), cartographer, retired Jan. 3 with more than 35 years of federal service, including 33 years and 10 months at the Aerospace Center.

LOUIS FOSTER (CDABE), negative engraver, retired Jan. 3 with more than 32 years of federal service, including 30 years and seven months at the Aerospace Center.

LAWRENCE D. FREUKES SR. (FEMBC), pipefitter leader, retired Jan. 3 with more than 20 years of federal service, including 15 years and six months at the Aerospace Center.

RUTH GAYLOR (SDRP), photographic technician, retired Jan. and seven months at the Aerospace Center.

JACQUELINE J. HOWARD (CDIBA), supervisory cartographer, retired Dec. 30 with more than 30 years and eight months of federal service, all at the Aerospace Center.

JOSEPH A. HUMMEL (GDDB), supervisory photogrammetric cartographer, retired Jan. 3 with more than 30 years of federal service, including 27 years and five months at the Aerospace Center.

HARRY JACOBS (CDIBB), cartographer, retired Dec. 28 with more than 31 years of federal service, including 28 years and eight months at the Aerospace Center.

ELDON KIRALY (GDDCD), cartographer, retired Jan. 3 with 33 years of federal service, including 27 years and 11 months at the Aerospace Center.

VIRGINIA E. KNOEBEL (SDR), stenographic secretary, retired Jan. 3 with more than 31 years of federal service, including 28 years and eight months at the Aerospace Center.

THURN T. LARSON (SDDLD), cartographic clerk, retired Dec. 28 with more than 25 years of federal service, including 20 years and one month at the Aerospace Center.

JACQUES D. LEUSCHKE (GDMAB), cartographer, retired Jan. 2 with 35 years and eight months all at the Aerospace Center.

CLARENCE J. LITTEKEN (GADMI), warehouse worker, retired Jan. 3 with more than 41 years of federal service, including 31 years and nine months at the Aerospace Center.

GEORGE M. LOVINGS (SSA), security clerk, retired Jan. 3 with more than 37 years of federal service, including 32 years and four months at the Aerospace Center.

EDWARD A. MILLER (FEMBC), pipefitter, retired Dec. 30 with more than 19 years of federal service, in- and four months at the Aerospace Center.

CLARENCE M. POINDEXTER (FEMPB), custodial worker leader, retired Jan. 3 with more than 38 years of federal service, including 17 years and 11 months at the Aerospace Center.

JACK W. SAMPSON (SDCOD), cartographer, retired Jan. 3 with more than 30 years of federal service, including 28 years and 10 months at the Aerospace Center.

NORMA I. SHICKMAN (ADDEC), aeronautical information specialist, retired Jan. 3 with more than 40 years of federal service, including 32 years and one month at the Aerospace Center.

FRANK H. SNEED (GDMDD), cartographer, retired Dec. 31 with more than 22 years of federal service, including 18 years and 10 months at the Aerospace Center.

MONROE W. LaTURNO (LOCV), contract specialist, retired Jan. 3 with more than 41 years of federal service, including 20 years and four months at the Aerospace Center.

CALVIN WEAVER JR. (LOSV), motor vehicle operator, retired Jan. 3 with more than 35 years of federal service, including 28 years and seven months at the Aerospace Center.

OKLAR F. WHITNEY (CMDOI), supervisory computer assistant, retired Jan. 3 with more than 35 years of federal service, including 30 years and six months at the Aerospace Center.

BRYAN L. WILLIAMS (LOSM), warehouse worker foreman, retired Jan. 3 with more than 40 years of federal service, including 27 years and nine months at the Aerospace Center.

JESSE WILLIAMS (FEMPB), custodial worker, retired Jan. 3 with more than 34 years of federal service, including 31 years and three months at the Aerospace Center.

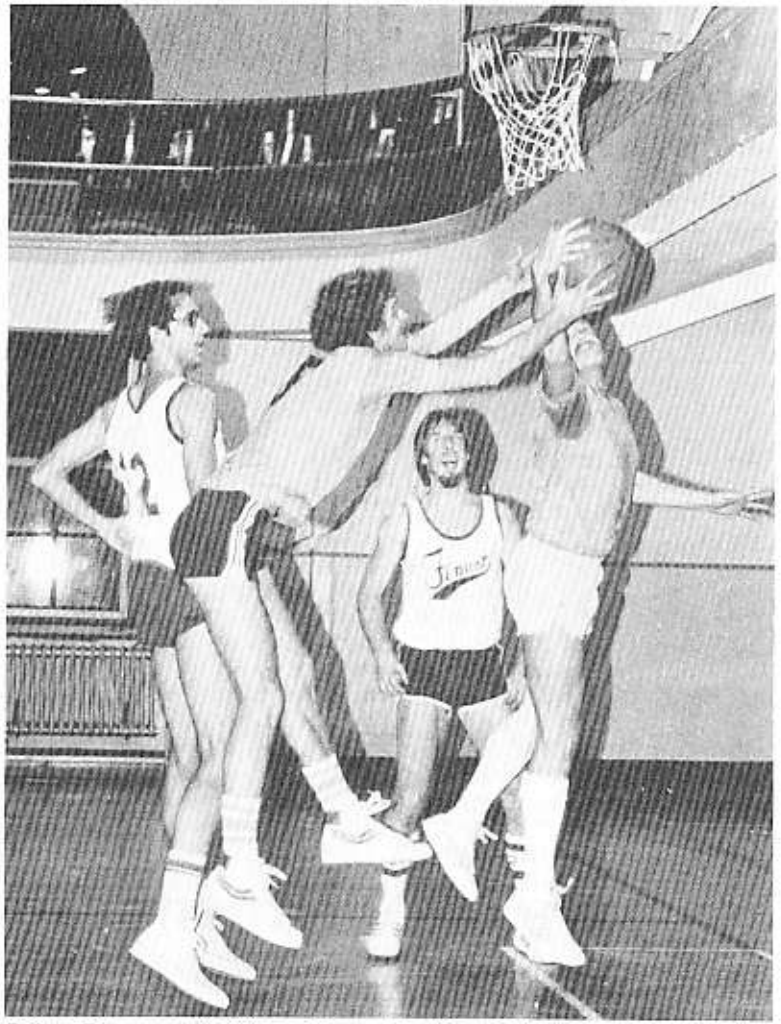
Regular Play Points to Showdown

With three regular-season games left, the Bruins and the Fastbreaks remained deadlocked for first. The Bruins breezed by the Gorillas with an 84-28 score. Stan Allen led the Bruins with 21, while Brian Sikes with 12 and Bill Small with 10 led the Gorillas. The Bruins also defeated Thurmers, last year's winners, 57-44. Brian Lewis scored 23 for the Bruins while Sam Scearce dropped in 16 for Thurmers.

The Fastbreaks got two more in the winning column by beating the Purple Gang 71-29 and having the Hawks forfeit to them. Art Bennett and Robert Bradley once again led the scorers with 23 and 22 respectively. Colonel Noren once again ran up 10 using his Air Force bombing technique for the Purple Gang.

With Thurmers losing, the Sweat Hogs moved into third with two victories. The Sweat Hogs downed the Gorillas 55-25 and the Globe Plotters 54-37. Brian Peterson totaled 43 points in the two games. Bob Einertson scored 18 for the Globe Plotters. In a game that saw Gary Lewis' shot circle the basket a dozen times before dropping in, Thurmers rebounded from their loss to beat the Hollywoods 56-40. Whistlin' Joe Wilson for Thurmers and Dave "Sugar" Kane for the Hollywoods each scored 16.

The Globe Plotters stayed in fifth place by downing the Hawks 65-39. Tom Ritzheimer led the Plotters with 18 and Dwayne Jordan led the Hawks with 16. The Finest pulled up to sixth place with wins over Who Datz 53-41 and the Bruise



Brian Peterson (left) and Dave Paulton of the Sweat Hogs reach for the ball, while the Finest's Tim Fox (left) and Mike Kuhnline observe. (Photo by Jan Whitford)

High Protein Diet Could Kill You

Glaucoma Screening Underway

The Medical Services Division is offering a Glaucoma Screening Program designed to reduce the incidence of blindness from glaucoma. Two of every 100 persons over the age of 40 are estimated to have glaucoma, which is the number one cause of blindness in the United States.

Each department has been notified of testing times and areas. Testing involves use of an air tonometer, which sends a warm puff of air into each eye. It is painless and takes approximately five minutes.

Glaucoma is a condition in which the pressure within the eyeball is higher than normal, resulting in damage to the optic nerve and eventual blindness. Symptoms may include occasional headaches, eye discomfort, blurred or cloudy vision, and night blindness. Lights may appear to have a rainbow of color or "halos" around them. The loss of vision may be sudden and painful or very slow, with a gradual "tunnel" effect as peripheral sight is lost.

The Aerospace Center recognizes the importance of early detection and treatment in the prevention of blindness from glaucoma. Protect your sight and "let the light remain." For more information, call the dispensary at 4047.

KMOX Mystery Person-Guess Who?

Recently Aerospace Center Strider Bob Howard was identified as the "mystery person" whom announcers on KMOX radio saw every morning carrying a big stick and dashing through downtown. The announcers had speculated on the air for some time as to the identity and motivation of the mysterious runner, but it was just Bob, combining the daily trip to Second Street with a chance to do some training.

Howard was a guest on a two-hour talk show on KATZ radio to discuss fitness, training and running from his point of view. He has also agreed to direct the Pace Series for the St. Louis Track Club this year. The Track Club's top pacer last year was another Aerospace Strider, Leon Fennell, who received his trophy at the club's annual banquet earlier this month.

DMAAC Mixed Bowling

Standings as of Feb. 15

Team	Won	Lost
Three's Company	40	16
Apaches	36	20
Classified Waste	35	21
Three Cool Jewels	32	24
Bears	31	25
Spare Timers	29	27
Tomcats	27	29

33 and Mike Kuhnline 30 in the two games for the Finest.

The Purple Gang ascended to ninth with a win over Who Datz 51-34. "Bomber" Noren and Earl Phillips scored 12 each for the Purple Gang, while Jim Petraitis scored 11 for Who Datz. The Gorillas almost blew a perfect season but lost to the Bruise Brothers 47-42. Zack Franklin dropped in 19 for the double "B" while Brian Sikes led the Gorillas with 16.

—Bill Small

MEN'S BASKETBALL
Standings as of Feb. 10

Team	Won	Lost
Bruins	8	0
Fastbreaks	8	0
Sweat Hogs	8	2
Thurmers	6	2
Globe Plotters	5	4
Finest	5	4
Who Datz	3	5
Hawks	3	6
Purple Gang	2	5
Hollywoods	2	6
Bruise Brothers	1	8
Gorillas	0	9

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Advocates of some diets claim their plans make it possible to lose weight at a faster rate, or at a higher caloric intake, than other diets permit. This claim is often made for high protein, low carbohydrate diets.

The rationale for this claim is based on the concept of "ketosis," which occurs when a person's diet is so low in carbohydrates that fat deposits are broken down for energy faster than normal. A factor to consider before starting a ketogenic diet is that in ketosis the body's mode of burning calories may be considered similar to fasting. The body's fuel comes from glucose, which is most easily obtained from carbohydrates and less easily from protein. When the body lacks carbohydrates, protein is degraded to supply the minimum level of glucose. This protein is taken from lean body mass muscles and major organs, such as the liver, heart and kidneys. While 3500 calories are needed to burn a pound of body fat, it takes only 480 calories to lose a pound of lean body mass.

Low-calorie protein diets, including the liquid protein diet, have been associated with deaths resulting from ventricular arrhythmia (irregular heart rhythms). Because of these deaths, the FDA has pending a regulation to require warning labels on products for weight reduction if more than 50 percent of the calories they contain comes from protein.

Ketogenic diets include liquid protein diets (e.g. Linn's "Last Chance Diet"), diets that consist almost entirely of solid protein with such foods as meat, fish, poultry and eggs (e.g. Stillman's "Doctor's Quick Weight Loss Diet"), and high protein diets in which carbohydrates are allowed at a low level (e.g. the Baker, Tarnower and Scarsdale diets).

—Phyllis Benson, R.N.
Medical Services

Bad Sneakers in Action

Heidi Hovorka of Bad Sneakers gains control of the ball as teammate Theresa McGuire (left) reaches to assist. Attempting to block the action, from left, are Driblettes Laura Gruber, Tammy Iverson (behind Hovorka), Molly Slominski and Chris Ireland. In the balcony, Basket Weavers scope out the competition. (Photo by Lisa Webber)

Bouger's Anomalies	26	30
Alley Dusters	23	33
Trolls	23	33
Dig It Out	22	34
Mild Wicked Boy	21	35
Gee Bee's	18	38

Dig It Out broke high-game series record with 566, to which Tim Morrison contributed a 224 and 577 series. Tom Morrow had a good night; he rolled a 204-231 with a 555 series. Mike Pohlers, one of the Gee Bee's top bowlers did well with his 204 game. For the women, Ginny Kraemer reported in with a 521 series.

—Dave Ivens

DMAAC Volleyball

Standings as of Feb. 14

RECREATIONAL LEAGUE

Team	Won	Lost
Wolf Pac	33	3
Out to Lunch Bunch	27	9
Mac Attack	25	11
Ziegfield Volleys	24	12
Spiked Punch	21	15
Chain Gang	19	17
Armadillos	13	23
Net Nuts	12	24
Widgets	6	30
Uniservos	1	35

POWER LEAGUE

Team	Won	Lost
Dandy-Lyons	31	5
Knetknockers, WTF	30	6
Setups	25	11
Bounders	20	16
Num Nets	19	17
Mickey's Maulers	18	18
Dinks	17	19
OO-AH	10	26
Hammered	8	28
Stumps	2	34