

Orienteor

DEFENSE MAPPING AGENCY AEROSPACE CENTER

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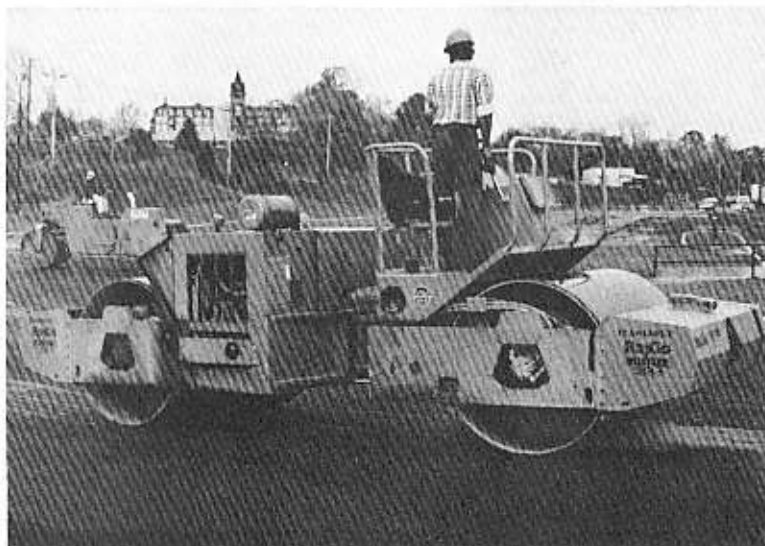
Construction Activity Centers on S. Annex

The focus of construction activity for the Aerospace Center is now at South Annex, with major projects underway at both of the main buildings there.

Work began in October on two facilities modification projects in Building 4 as part of a continuing program to upgrade the building in support of increased production requirements. Meanwhile, work continued across the parking lot on the \$5-million Graphic Arts Department relocation project in Building 2, scheduled for completion in the spring.

The projects in Building 4 include a new computer room and tape storage area in the portion of Section One formerly used by Scientific Data Department's Graphic Design Branch for exhibit construction. Workmen have been busy outside dismantling two 10-foot tall utility rooms on the roof. A raised floor, interior wall finishes, new ceiling, and a heating, ventilation and air conditioning system to support the computer are part of the project.

The new computer area is scheduled for completion in March, according to construction



Workmen from Barnes and Jones Paving Co. roll asphalt for the new parking lot south of Building 2 at 8900 S. Broadway. The parking lot will accommodate personnel of the Graphic Arts Department when it moves into the building next year. (Photo by Ed Mullen)

rooms, and a large storage area. Unlike the present dispensary, there will be an emergency entrance from the outside, as well as a hallway entrance. This project is also administered by FE and

crete floor and reinforced concrete pads for the presses.

Outside, asphalt has been laid for a new parking lot and access road to the south of Building 2 that will

Old Newsboys Final Total

As this issue of the Orienteor went to press, the grand total collected by the Aerospace Center's Old Newsboys and Newgirls was \$1,606.59, breaking the previous record of \$1,525.50 collected last year.

The amount collected at Second Street was \$1,083.26, with South Annex adding

\$382.58. At two outside locations \$140.75 was collected and added to the Center's contribution.

Pictures and more details on the Center's 21st year of participation in this effort to assure a happier holiday for needy children will be in the Dec. 3 Orienteor.

Representatives Here Dec. 1-2

Open Season Announced For Health Benefit Plans

An open season for federal employees desiring to enroll or change enrollment in their health benefit plan will be conducted at the Aerospace Center during late November and early December.

According to Civilian Personnel officials who will monitor the open season, any eligible employee who is not currently registered may enroll in a health benefit plan and any employee currently enrolled may change from one plan or option to another, or from self only to self and family or any combination.

The enrollment period will be from Nov. 22 through Dec. 10.

Representatives from six of the health benefit plans will be

3:00 p.m. in the Supply Training Room of Building 4.

Carriers to be represented include Blue-Cross Blue-Shield, Mail Handlers, Medical Care Group (MCG), National Federation of Federal Employees (NFFE), National Treasury Employees Union (NTEU) and National Association of Government Employees (NAGE).

Employees will receive from Civilian Personnel open season information literature when it is received by the Center. Each employee will receive a brochure of the plan in which they are currently enrolled, a booklet containing enrollment instructions

manager Terry McGavock. The project is being administered by the Directorate of Facilities Engineering. A private contractor is performing the work.

Also in Building 4, construction is underway on a new dispensary in Section 3, the site of the Corps of Engineers office, which has been relocated to the Supply area in Section 2. Scheduled for completion in January, the new dispensary will be more than three times larger than the present one with a waiting room, examining

For the Graphic Arts Department relocation project, Section One of Building 2, formerly a warehouse, is being transformed into an independent unit that will house the entire department in one efficient facility. Duct work for the new self-contained heating and air conditioning system has recently been installed, and chillers and air compressors are now in place in the new utility plant. Work has also been completed on the new con-



Terry McGavock, Aerospace Center liaison officer for the Graphic Arts facilities modification project at South Annex, points to newly installed ventilation, heating and air conditioning duct work. Sparkling like chandeliers, the new duct work is part of the extensive, self-contained system for Section One of Building 2. When renovation is completed, it will be hidden from view by dropped ceilings. (Photo by Ed Mullen)

tracting company and the Graphic Arts Department, as well as other employees.

Work on the Graphic Arts project is being performed under a contract administered by the U.S. Army Corps of Engineers and let to a St. Louis contractor and 33 subcontractors. Design parameters for the project were provided to the Corps by the Center's Directorate of Facilities Engineering.

Relocation of the Graphic Arts Department is scheduled to begin in the spring, upon completion of the project. Relocation of all equipment is being coordinated by the Directorate of Logistics.

A separate contract has been let to renovate the present Graphic Arts Department space in Building 36 at Second Street so that it is usable for administrative and cartographic production.

Special ACS Lunch

The Aerospace Charting Seniors invite all retirees and their spouses to a special Christmas luncheon Wednesday, Dec. 15, at Grant's Cabin on Watson Road. A cash bar at 11:30 will be followed by lunch at 12:30.

Luncheon entrees are roast beef with burgundy sauce and baked chicken. Price is \$5.50 per person. Checks should be sent by Dec. 10 to Aerospace Charting Seniors, P.O. Box 8823, St. Louis, Mo. 63102. Specify choice of entree with check. For additional information, contact Gloria Powers at 351-8788.

available at the Center for two days to answer questions and summarize each plan. The informational sessions will be held at 2nd Street in the Building 36 training room (1st floor) from 8:00 a.m. to 3:00 p.m. on Dec. 1. The sessions will take place at the Annex on Dec. 2 from 8:00 a.m. to

major benefits of all FEHB plans and a biweekly list of premium rates for all plans.

The Office of Personnel Management has announced a substantial increase in health care benefit charges to employees to be implemented the first of 1983.



*Let us give
thanks*

Security—Everybody's Business

Through the years the Aerospace Center has been free from the more serious crimes against persons and property but recent incidents involving theft and vandalism of both private and government property are cause for concern.

According to Security Police officials, the many vending machines located throughout the Center are being subjected to much more than fair "wear and tear". They are being forcibly broken into and merchandise removed from the machines. Obviously, incidents of this nature are not acceptable to the vendor or to the Center.

The continued abuse of the vending equipment by a few can only result in their removal thus causing inconvenience and hardship for the majority of employees.

Security also continues to receive reports of stolen private property. Everything from potted plants to small change has disappeared from work areas and desks. The only sure way to prevent the loss of personal property, reminds Security, is to secure the property in appropriate containers or areas.

Constant surveillance of the work areas by security personnel is neither practical or desirable. A conscious effort to look after one's own property as well as assisting co-workers is essential to thwarting those few individuals who have no respect for the property of others.

Reducing the potential for theft and vandalism calls for a vigorous effort by all of us, says Security, to develop an awareness of the problem and to encourage voluntary efforts to reduce the losses of government and private property.

Security is Everybody's Business.

Is Anybody Out There?

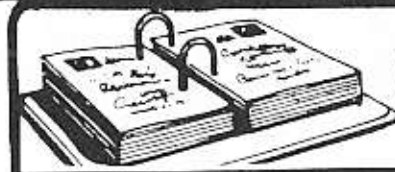
It may seem that Earth is the only planet in orbit around the sun this month, due to an unusual configuration of the planets, the U.S. Naval Observatory reports. Essentially, Earth is sitting by itself on one side of the sun, while most of our planetary neighbors are positioned opposite the earth on the other side.

Mercury, Venus, Jupiter and Uranus have all moved in their orbits to positions behind the sun as seen from Earth. Saturn, which was positioned behind the sun in

time, setting two-and-a-half hours after the sun does.

Echoing the Naval Observatory, Donald L. Meyer, geodesist in the Aerospace Center's Satellite Geodesy Branch, remarked, "For all practical purposes, the sky is devoid of planets right now."

DoD Recognizes HTC Employee



Calendar

Dec.	Event	Place	Responsibility
2	Toastmasters	PP Conf. Rm.	R. Newton/4811
3	DMAAC Women's Club Christmas Bazaar	2nd St. & S. Annex	Gloria Powers/351-8788
9	DMAAC Women's Club	DaVinci of St. Louis	Gloria Powers/351-8788
9	IMAGE Mtg.	4406 Gravois	C. Athie/4276
9	Toastmasters	Lindbergh Rm.	R. Newton/4811
14	BAG Mtg.	5th Flr. Conf. Rm.	G. McGuire/8443
14	FBA Mtg.	Carpenters Hall	D. Black/4142
15	ACS Luncheon	Grant's Cabin	Gloria Powers/351-8788
16	Arsenal '76 FEW	Dining Hall	E. Connelly/8432
16	Toastmasters	Lindbergh Rm.	R. Newton/4811
17	Bloodmobile	2nd St.	C. Hardin/4047
25	Christmas Day-Holiday		
29	NFFE Local 1827	Dining Hall	V. Haun/776-8424
Every Tues.	JA Mtg.	PP Conf. Rm.	J. Hagedorn/4974

Contact Rose Hunkins/4142 to have your January events listed.

OPM Improves Service to Retired Employees

The Office of Personnel Management has centralized its Benefit Services Program for retired employees at its headquarters in Washington, D.C.

The change is intended to provide more direct, effective service to annuitants who have questions concerning retirement and related health and life insurance benefits.

Inquiries should still be resolved by the annuitant's agency per-

Insurance Programs, 1900 "E" Street, N.W., Washington, D.C. 20415.

If an annuitant has an urgent question which requires access to records, it is also possible to telephone OPM for assistance. Claims are assigned to teams in the Annuity Roll Service Section according to the last digit in the claim number. The teams and their telephone numbers are listed below according to the claims each

The telephone numbers are:

A-D	202-632-4612
E-K	202-632-8438
L-Q	202-632-8800
R-Z	202-632-5478

Military Awards

Aerospace Center Director Col. J. W. Small, USAF, recently presented awards to three Air

but it can be seen just before dawn on the eastern horizon. Neptune and Pluto are not visible to the naked eye, but they, too, are close to the opposite side of the sun. Mars, now roughly at right angles between the other planets and Earth, is visible on the south-western horizon but only for a short

In Sympathy

Col. Larry D. Beers, USAF (Ret.) died the first week of November. Colonel Beers had just retired as commander of the Hydrographic/Topographic Center's Geodetic Survey Squadron at F. E. Warren AFB, Wyoming. He was associated with the squadron during the early 1970's when it was part of the Aerospace Center.

Services were held in Effingham, Ill. with interment in Jefferson Barracks National Cemetery, St. Louis.

THE ORIENTOR is an official newspaper published bi-weekly on Friday by and for the personnel of the Defense Mapping Agency Aerospace Center, at St. Louis, Missouri as authorized by DoD Instruction 5120.4. Opinions expressed herein do not necessarily represent those of the DoD.

Col. J. W. Small
Director

David L. Black
Chief, Public Affairs Office

Paul Hurlburt
Editor

Robert E. Seremeth, a lithographic engraver with the Hydrographic/Topographic Center has been recognized as one of seven DoD Handicapped Employees of the Year.

Seremeth, who has had a total hearing impairment since birth, was named in August as DMA's Outstanding Handicapped Employee of the Year.

"You are a role model for us all," wrote Secretary of Defense Caspar Weinberger. "I am proud to have you as a member of the Department of Defense team."

Seremeth updates nautical charts at the Hydrographic/Topographic Center, engraving by hand the symbols, intricate lettering, and screen tints for replacement charts.

In addition to his work, Seremeth, conducts sign-language workshops for both those with impaired hearing and those minus the handicap. His program is designed to encourage dialogue between employees.

Military Departure

Sergeant Douglas J. Montgomery, USAF, a cryptomaintenance specialist in the Office of Communications and Electronics, left the Aerospace Center Nov. 3. He has been reassigned to the 1964 Communications Sq., Air Force Communications Command, at Tempelhof Airport in Berlin, Germany.

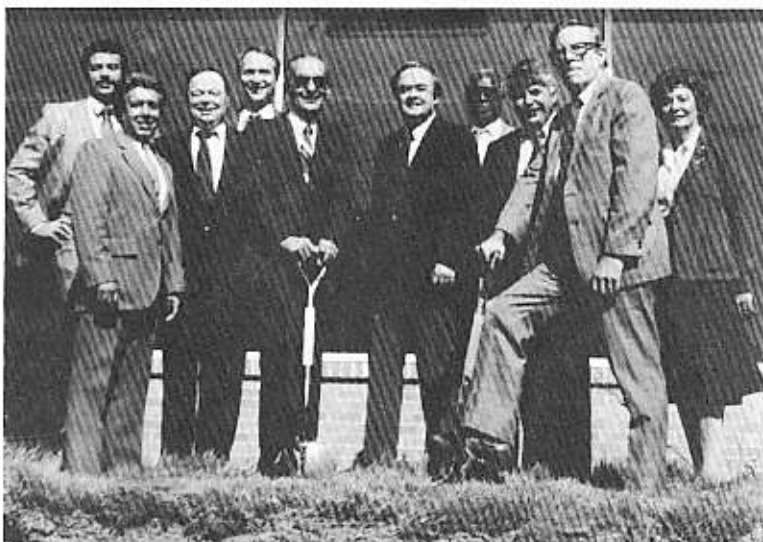
Mildred H. Wallace of the Employee Relations Division handles retirement and death benefits for the Aerospace Center and should be contacted at 263-4292.

Inquiries which cannot be resolved locally should be directed to Washington, where access to all necessary records is maintained. The address is Office of Personnel Management, Retirement and

Team Number	Last Digit of Claim Number	Telephone Number
1	6,7	202-632-5623
2	4,5	202-632-5624
3	2,3	202-632-5410
4	0,1	202-632-5007
5	8,9	202-632-7457

Health and life insurance benefits are handled according to the first letter of the annuitant's last name.

Credit Union Breaks Ground



Shovels in hand, Board President Phillip Rahall (left) and Executive Manager Alfred Poertner prepare to break ground for the Arsenal Credit Union's new office at 8651 Watson Road. Officials said renovation of the building should be completed in time for the Credit Union to open for business there in early 1983. Others, from left, are Steve Wood of Robert Piskulich & Associates, ACU Board Treasurer Bud Brown, Board Director Virgil Haun, Ed Ortman of EA Engineering, the Mayor of Webster Groves John W. Cooper Jr., Board Vice President Herman Elmore, Robert Piskulich—president of Robert Piskulich & Associates, and Board Director Eleanor Mandel.

personnel.

Master Sergeant Keith R. Lorence received the Meritorious Service Medal as a contracting procedures analyst assigned to Hq. Military Airlift Command, Scott AFB, Ill. The citation said he performed outstanding service in developing a training program for contract administrators and writing contract formats used by the command and later adopted Air Force-wide. At the Aerospace Center, he is a contract superintendent in the Directorate of Logistics.

Captain Cathy A. Corley received the Air Force Commendation Medal as MC&G staff officer in the 544th Strategic Intelligence Wing of the Strategic Air Command and in the Directorate of Targets, Deputy Chief of Staff, Intelligence, at SAC headquarters, Offutt AFB, Neb. She was cited for her contributions to SAC's Air Target Materials Program. At the Aerospace Center, she is a quality assurance officer in the Program, Production and Quality Assurance Office.

Senior Master Sergeant Billy J. Wilkins received the Air Force Commendation Medal as a communications-electronics programming superintendent at Det. 7 of Hq. Air Force Communications Command, Randolph AFB, Texas. He was cited for his role in monitoring the provisioning of communications-electronics systems to Air Training Command bases. At the Aerospace Center, he is a communications-electronics programming superintendent in the Office of Communications and Electronics.

October Promotions Announced

The following people received promotions during the month of October: Nancy M. Anderson, GS-11; Joseph Aromando Jr., GS-11; Melody A. Baker, WP-19; Eugene J. Bazan, GS-11; Wanda M. Beiter, GS-4; Steven T. Beleck, GS-11; Virginia R. Beleck, GS-11; Charles A. Bennington, GS-11; Cynthia Biberdorf, GS-11; Debra S. Biere, GS-9; Harold D. Birkhead, GS-9; William D. Boisineau, GS-9; William L. Bragg Jr., WP-15; Larry H. Brantley, GS-9; William L. Breckner, GS-11; Robert P. Brownell, GS-12; Jaunetha M. Cade-Russell, GS-12; John G. Carty, WP-23; Frank R. Chary, GS-9; Donald R. Clelland, GS-11; Richard D. Craven, GS-9; Robert L. Culler, GS-9; Karl L. Douglas, GS-11; Janet L. Dragich, GS-9; Mary K. Dufford, WP-4; Dennis L. Dummeyer, GS-12; William E. Dvorak, GS-9; Robert G. Edwards, GM-13; Benjamin Ehrlich Jr., GS-11; Katherine E. Enke, GS-6; Dean P. Erpenbach, GS-9; Jeffrey A. Faunce, GS-9; Mark S. Fedde, GS-11; Kathleen A. Fink, GS-11; Kerry A. Fox, GS-11; Lawton P. Freeman, GS-9; Dolores J. Frintrup, GS-9; Margaret A. Frost, GS-9.

Steven P. Geldmacher, GS-9; Sebastian P. George, GS-12; James D. Gibson, GS-11; Robert Gibson, WP-23; Steven R. Hagedorn, GS-9; Donald W. Hamilton, GS-9; Monica L. Hannon, GS-9; Terry A. Harris, GS-4; Gary A. Hartsock, GS-11; Virgil K. Haun, WP-23; Joseph S. Havlicek Jr., WP-23; Barbara B. Heavens, GS-5; Joseph Heavens Jr., GS-7; Terry A. Hill, GS-11; Timothy

7; Jeanne M. Jourdan, GS-9; Sharon L. Kish, GS-7; Ralph F. Knost, WP-23; John L. Koberg, GS-11; Donald A. Koenig, GS-9; William P. Kraus, WP-7; Joyce C. Kren, GS-6; Dean C. Lakeman, GS-11; Charles H. Lamons, GS-9; William S. Lee, GS-9; Roberta E. Lenczowski, GS-12; Martha C. Lyon, GS-9; Anna M. Maali, GS-11; Timothy J. Magnusson, GS-9; Tyrone H. Manthey, GS-11; Renee D. Martin, GS-9; Arthur C. McCluer, GS-11; Robert N. McCrain, WP-23; Don R. Meier, GS-9; Gene T. Merriott, WP-23; Betty A. Middleton, GS-11; Joseph F. Moeller, GS-11; Norma J. Mohesky, WP-15; James R. Nelson, WP-19; Donald A. Nierman, GS-11; Christopher Nyderek, GS-11; Peter R. Ofstedal, GS-9; Robert D. Pease, GS-9; Jayne M. Pedrotti, WP-23; Leslie J. Pinnell, GS-5; James C. Powley, GS-9; Christina J. Proehl, GS-11.

Don E. Rakers, GS-11; Diana M. Rankin, GS-11; Leo C. Reiser, GS-6; Lewis C. Richardson, GS-11;

Jamet K. Sandheinrich, GS-4; Michele C. Schlueter, GS-9; Michael D. Sears, GS-11; Cheryl G. Seiler, GS-11; Steven C. Seiler, GS-9; William B. Sikes, GS-11; Jeffrey A. Siudzinski, GS-9; Robert C. Smith, GS-11; Mark T. Steffel, GS-9; Rodney L. Sutterfield, GS-11; Lynn E. Swezy, GS-11; Laurie A. Tappella, GS-6; Steven P. Telford, GS-9; Michael W. Terry, GS-11; Ralph E. Tharp Jr., GS-11; George W. Thomas, WP-15; Hargita S. Toalson, GS-11; Robert H. Usselman, GS-11; Robert W. Valska, GM-13; Suszann V. Viney, GS-3; Joel S. Wagner, GS-11; Donald E. Wagoner, GS-6; Gary S. Wallace, GS-9; Sharon J. Weakley, GS-7; Mary G. Wedberg, WP-15; Rosemarie J. Weingartner, GS-5; Gary E. Wendle, GS-11; Michael L. Wever, GS-11; Stephen L. Wheat, GS-9; Bruce D. Whitcomb, GS-9; Anthony R. White, GS-9; Josephine E. Williams, WP-15; Ellen L. Winters, WP-4; Virginia R. Woehle, GS-4; Jimmie L. Wright, GS-11; Joseph A. Zwettler, GS-9.



October Honor Roll

40 YEAR

Charley Williams.

35 YEAR

Clifford Embery, Robert P. Gundlach, Ervine F. Lafser, William T. Liggett, Wilbert O. Lohmeyer.

30 YEAR

Clark R. Bullock, Louis F. Errante, Clyde R. Greenwalt, John Harrison, William C. Mahoney, Dorothy Williamson, Clemens C. Winkler.

25 YEAR

William R. Dubishar, Harold E. McDonald.

20 YEAR

Raymond J. Hric, Kenneth B. Korte, James T. Leahy, Danny C. Nash, Edward C. Scheibelhofer, Lowell E. White.

15 YEAR

Judith E. David, Susan M. Gligros, James R. Hildreth, Robert R. Kupferer, Linda L. Oeser, Dewayne A. Patterson, Catherine A. Pulley, Deborah Rusan, Marian E. Zumbum.

10 YEAR

Thomas G. Arns, Geraldine I. Bambrick, Roger A. Becker, Linda E. Brabec, Robert P. Brueckmann, Linda S. Eisenbach, Gwendolyn Ford, Terry L. Graham, David J. Owens, Richard V. Macy, Michael A. Mosello, Sheri E. Patefield, Judith A. Scheibel, Goldie E. Vlasak.

OUTSTANDING PERFORMANCE RATING

Eugene J. Bazan, Donald R. Clelland, Jerome C. Engbring, John A. Gillihan Sr., Edmund J. Kaczmarek, Darleen P. Kiefer, Joyce C. Kren, Mary Y. Kunkel, Ronald S. McMillon, Mary Ann P. Meurer, Gene H. Niederschmidt, Martha H. Norman, Lenford R. Penrod, Mark D. Pepmeier, James M. Preston, Stephen S. Prokasky, Michele C. Schlueter, Cheryl G. Seiler, David T. Stein, Kathleen Strickland, Sandra L. Tunnicliff.

QUALITY STEP INCREASE

Donald L. Gargac, Gene H. Neiderschmidt, Paulette S. Wells, Linda Venable.

OUTSTANDING PERFORMANCE RATING/ QUALITY STEP INCREASE

Charles A. Bobbitt, Dale M. Dase, Larry N. Holmgren, Linda M.

GS-5; George E. Higgins, GS-9; Julia Hodge, WP-23; John M. Hoercher, GS-11; Lloyd V. Hollenbeck, GS-12; Donald A. Hoffmann, GM-13; James P. Huddleston, GS-11; Shelley L. Huffman, GS-5; Michael C. Icenhower, WP-10; Gerald N. Iverson, GS-11; Tamara J. Iverson, GS-11; Mildred L. Jackson, WP-23; Russell M. Jackson, GS-11; James P. Jaeger, GS-11; Dean R. Johns, GS-4; Janell S. Johns, WP-4; Frederic R. Johnson, GS-9; David T. Jones, GS-11; Harold W. Jones, GM-13; Ralph L. Jones, GS-



"Meet me after lunch, pretty boy, and we'll go down to the cemetery!" The pair above were among the usual assortment of deadbeats and diddley boppers attending the Supply and Services Division's third annual Halloween luncheon. Incidentally, the ghoul, who remains nameless, shared first prize for best costume, along with witch Joanne Coibion above and lady vampire Louise Corcoran. (Photo by Frank Aufmuth.)

Employee Retirements Announced

JIM P. HARPER, a cartographer in CDCDB, retired Sept. 17 with more than 19 years of federal service, all at the Aerospace Center.

JAMES W. HARTZELL, an aeronautical information specialist in ADDEB, retired Sept. 17 with nearly 38 years of federal service, including 16 years and two months at the Aerospace Center.

WILLIAM A. HAWKINS, a photographic solution mixer in SDRC, retired Sept. 29 with nearly 29 years of federal service, including 16 years and eight months at the Aerospace Center.

RALPH E. MacKENZIE, Nav/Plan program manager in CDAP, retired Oct. 8 with more than 30 years of federal service. A World War II veteran, he began his civilian service in October 1949 as a SP-2 carto draftsman at the former Aeronautical Chart Plant at 12th and Delmar. From 1953 to 1957 he worked as chief cartographer for

Jeppesen and Co. in Denver, Colo. As an Aerospace Center employee, he has worked in the Cartography Department in contracting and as a compilation supervisor.

MacKenzie has been active in benevolent organizations as a Lions Club president, American Legion post commander, and exalted ruler of the Elks. His early retirement plans include traveling the United States; he plans to settle down in Las Vegas, Nev., he said.

JOHN McMAHON, an aeronautical information specialist in ADDEA, retired Sept. 30 with more than 34 years of federal service, including 15 years and eight months at the Aerospace Center.

ELIZABETH ANN RANSDALL, a secretary in GDDP, retired Sept. 17 with nearly 22 years of federal service. During World War II she worked in flight and pay records of the Army Air Force training

detachment at the University of Missouri in Columbia. On June 8, 1944—D Day—she left for Palm Beach, Fla. to join the Women's Reserve of the U. S. Coast Guard. For the rest of the war, she served as a yeoman in Long Beach, Calif.

Ransdell came to the Aerospace Center in 1963 as a member of the typing pool. A motorcyclist, she is an active member of Retreads, XL Plus. "When my husband retires, we will tour the good old USA," she said.

EARL C. STEPHENS, a cartographic engraver in CDADB, retired Sept. 20 with more than 33 years of federal service, including 31 years and five months at the Aerospace Center.

ALICE R. STEVENS, a cartographic technician in SDDL, retired Sept. 17 with more than 28 years of federal service, including 24 years and three months at the Aerospace Center.

SUSTAINED SUPERIOR PERFORMANCE

Garnet E. Bebermeyer, Victor A. Behrmann, Charles A. Bennington, Francis Billings, William L. Breckner, Louisa M. Calloway, Robert W. Caples, Lee O. Cunningham, Thomas N. Dodillet, Jane F. Drazen, Robert C. Eddy, Mark R. Feller, Jeffrey Fox, Beverley J. Garey, Sally A. Gilman, Susan M. Gligros, Robert P. Gundlach, Thomas E. Hartley, Robert F. Heeszal, Iris L. Honchak, William H. Koch, Dean C. Lakeman, Harold V. Layton, Ralph E. MacKenzie, Lela O. Mierisch, John A. Moss, Harvey M. Nelson, Cynthia B. Neville, Joseph G. Novak, Joseph A. Pfeifer, Jent S. Reid, Edward C. Roberts, Peter C. Robison, Robert W. Rosen, Denise Samples, Suzanne J. Smith, Marshall G. Snedaker, Mary J. Stewart, Victor J. Stragliati, Franklin C. Trumpeter, Charles A. Voigt, Egon J. Wetzker, Marie E. White, Jackie D. Williams.

SUSTAINED SUPERIOR PERFORMANCE

Shirley A. Anderson, Frederick J. Bockelmann, Howard H. Carviou, Kathleen A. Ferguson, Lee A. Fuqua, Jeffrey A. Haase, Randall E. Headrick, Roy A. Hurlburt, Paul T. Kohnen, Alfred E. Leuschner, John N. Romer, Elda L. Rowland, Steve C. Seiler, Mary A. Taber, James R. Takach.

SPECIAL ACT AWARDS

Kilburn D. Adams, Frederick J. Bockelmann, Brenda J. Brown, Patsy A. Coleman, Arthur D. Crittenden, Martha M. Franklin, Wayne S. Gibson, Robin N. Goodrich, Noreen K. Hobbs, Jo Ann Ing, Gary A. Kirwin, Mary T. Kraffl, Mariaelena A. Loomis, Rex A. McSpadden, Cynthia Neville, Barry M. Papke, Malcolm W. Purcell, Eileen A. Sinnwell, Henry V. Taber, Felicia Townsent, Sue E. Weidler.

SUSTAINED SUPERIOR ACCOMPLISHMENT AWARD

Charles W. Baker.

SPECIAL ACHIEVEMENT AWARD

David H. Alspaugh, Darryl L. Rue, John E. Unruh.

SUGGESTION AWARD

Albert H. Solari, \$570.00; Thomas J. Konieczny, \$454.00; Henry D. Rees, \$319.00; Harvey M. Nelson, \$310.00; William P. Kraus, \$243.00; Diana C. Harwell, \$227.00; John L. Lengyel, \$138.50; Mark W. Smith, \$138.50; Shirley M. Ray, \$127.50; Joyce C. Kren, \$117.00; Michael L. Higginbotham, \$100.00; Alan F. Turco, \$100.00; Joseph L. Schreck, \$50.00; John J. Hamann Jr., \$25.00; Leo C. Reiser, \$25.00; Michael J. Ronshausen, \$25.00.

Kudos

Speakers Thanked for CFC Support

Combined Federal Campaign project officer Don Smith expressed his thanks to the Aerospace Center Toastmasters and others who volunteered to serve on the CFC Speakers' Bureau this year. The speakers spoke in behalf of the CFC at over a hundred rallies in work areas throughout the Aerospace Center.

"It was through their efforts that we were able to get the CFC message to our fellow workers," Smith commented.

Speakers for the 1982 campaign were as follows (*indicates members of the Toastmasters): *Frank Aufmuth, Debby Bayer, Kenneth Diers, John Doty, *Donna Fonville, Katherine Jungewealter, Leslie Kadison, *Hamlet Kelley, *Kent Kenniston, *W.L. Mantinband, Debra Mays, Susan McConnell, *Carl McDowell, Glenda McGuire, *Calvin Morgan, Pat O'Driscoll, *George Peo, *George Shalhoob, *Promise Taylor, Donald Tuttle, Alvin West and *Kennard O. Whitfield.

Late contributions pushed total giving at the Aerospace Center to \$171,552.23.

Appointed School Board President

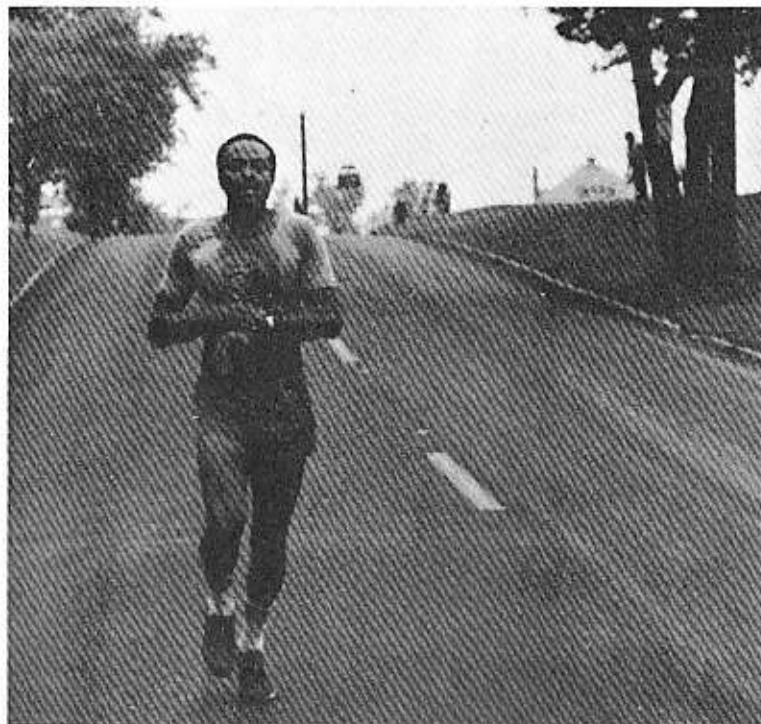
John Sizemore of Aerospace Cartography Department's Photo Composition Section has been appointed president of the Cahokia, Ill. Unit (District 187) Board of Education. A member of the board the past six-and-a-half years, Sizemore has personally presented a high school diploma to two of his three children.

Sizemore's oldest daughter Angela, who was a 1981 grad, is now studying for her R.N. at Belleville Area College. Jennifer was graduated in June and is now a secretary in downtown St. Louis. "I even signed Jennifer's diploma," Sizemore commented, "because I was secretary of the board at the time." Tina, a junior at Cahokia Senior High School, won't graduate until 1984. "I'll have to seek a third term to give her hers," Sizemore quipped.

Sizemore also served two years as treasurer for the board. He has been employed at the Aerospace Center since 1965.

Trio Chosen 'Policemen of Month'

Selecting supervisors of the Security Police Division recently set a precedent by naming all three candidates as Security Policeman of the Month: Leon Fisher, Richard Greathouse and Albert Manson. Fisher discovered a Secure room unsecured and unattended and took corrective action; Greathouse prevented possible serious injury to a female by a male attacking her near Lyon Park across from the Main Gate at Second



Bob Howard Participating In Research on Athletes

Aerospace Striders Program Director Bob Howard has been selected to undergo research testing by the Department of Preventive Medicine at Washington University's School of Medicine.

A top age-division competitor in the St. Louis area, Howard is in this third year of running 100 miles per week. Most of these miles are run to and from work, a total of 18 miles per day.

subject's maximal ability to utilize oxygen during an exhaustive run on a treadmill. The subject is fitted with a mouthpiece which allows his expired air to be collected and analyzed while he is running.

Another test consists of a series of 10-minute runs to determine the intensity at which lactic acid begins to be produced by the muscles. Each running bout requires progressively more effort until the muscles are required to

Basketball

Starts Nov. 29

The 1982-83 DMAAC Men's Basketball League will start Nov. 29 at the Souland Recreation Center. The league will consist of 13 teams and play on Monday, Wednesday, and Thursday afternoons starting at 3:45 p.m. This year's schedule includes a 12-game league schedule and a championship and consolation tournament.

Heading the list of returning teams will be the defending champs for the last two years, the Fastbreaks coached by Eddie Grider. Other returning teams are Thurmers coached by Don Duncan, One on Ones coached by Bert Bryant, Rookies coached by Chris Niewold, Gorillas coached by David Klinge, Bruins coached by Brian Lewis and Hollywoods coached by Victor Wright. New teams include the Wabos coached by Tom Arns, Finest coached by Steve Laughlin, Court Jesters coached by Dave Paulton, Nads coached by David Griffin, Bruise Brothers coached by Dwight Robinson, and Globe Plotters coached by Bob Pease.

Minuth To Speak On Skiing Safety

"Skiing Safety, a presentation of employee Glenn Minuth, will be given Nov. 23 in Training Room 1B of Building 36 and Nov. 24 in the

caused by a power outage. "Each has a solid record of sustained excellent performance with the Aerospace Center guard force," officials said.

Sports Council Elections

All employees at the Aerospace Center are invited and encouraged to cast a ballot for positions on the Sports and Recreation Council [SRC]. Election to two-year terms on the Center's SRC will be by the ballot printed below. The names of persons listed have been nominated to serve on the Council.

Members of the SRC are expected to assist in planning, organizing and/or providing administrative support for the various sports and recreational activities in which Center personnel participate.

Please vote for five [5 only] from among the names listed below. Ballots can be deposited in a ballot box at the entrance to Building 36 at the Second Street facilities or in a ballot box at the cafeteria entrance at 8900 S. Broadway facilities. In addition, ballots can be sent through distribution, addressed to DA [SRC]. Voting ends December 1.

Tear off at dotted line

SRC Ballot

- | | |
|---|--|
| <input type="checkbox"/> Bob Andersen/GDCBA | <input type="checkbox"/> Chris Niewold/CDIDD |
| <input type="checkbox"/> Ken Eccher/GDCAE | <input type="checkbox"/> Jim Petraitis/ADACD |
| <input type="checkbox"/> Cathy Hatfield/GDMDB | <input type="checkbox"/> Randy Reinker/ADACA |
| <input type="checkbox"/> Rubbie Heron /POD | <input type="checkbox"/> Rick Remmler/GDMBA |
| <input type="checkbox"/> Rose Hunkins/PA | <input type="checkbox"/> Jim Sherrod/FEPP |
| <input type="checkbox"/> Tammy Iverson/GDDDB | <input type="checkbox"/> Chuck Squires/CDACA |
| <input type="checkbox"/> Bill Judge/CDVAC | <input type="checkbox"/> Larry White/GDCCD |

What is the subject of the research? In the late 60's, a company that produces hair coloring products used the slogan "You're not getting older, only better." Does this cliché apply to athletes as well? Many research studies in exercise physiology have looked at the mechanisms involved in successful performances by young athletes, but only a limited number of studies have involved older athletes. The Washington University research is intended to enlarge our knowledge of how exercise affects the aging process.

The research testing will take place in the Human Applied Physiology Laboratory, part of the Department of Preventive Medicine, which was started in 1974.

Investigations conducted in the laboratory have included major research projects on the affects of exercise on patients with heart disease, kidney failure, or diabetes.

The present study focuses on athletes over 40 years of age and will quantify the physiological changes that occur on a yearly basis as the subjects grow older.

All of the athletes selected have been training for several years and are capable of competing successfully against their peers in local and/or national competition. The athletes are being matched to a group of runners between the ages of 20 and 30, who train at comparable distances and intensities and finished in selected 10-kilometer road races with comparable times. Both groups will undergo a series of exercise tests in the laboratory at the medical school.

One of the tests measures the

lactic acid. A small sample of blood is taken immediately after the running and analyzed for lactic acid.

A third test requires the runner to breathe a mixture of oxygen and carbon dioxide for 15 seconds three times during a 10-minute run. Each breath is analyzed and recorded by a computer; later interpretation by the computer yields the subject's maximal cardiac output.

Other tests, which do not involve exercise, are performed to determine how the athlete compares to the average population with respect to body fatness, glucose tolerance, levels of cholesterol and triglyceride, and pulmonary function.

Minuth is a member of the National Ski Patrol and has experience in Alpine rescue and survival techniques. Bring lunch at 11, 11:30 and 12. Co-sponsors are the Dispensary, Safety and Fire Prevention Office, and Employee Assistance Office.

Correction

There were two transcription errors in the Nov. 5 story on the Senior Men's Softball championship. As originally stated by writer Chuck Arns, the Cougars took third place (not second) in the tournament with an 11-9 (not 11-0) win over Paleoflatus.

Civilian Welfare Council Offers Colorado Ski Trip

Skiers, mark your calendars for Jan. 29 to Feb. 4! A seven-day trip to Ski Breckenridge (Colorado) is being offered to Aerospace Center employees, friends and relatives by the Civilian Welfare Council for only \$305.00 per person. This includes roundtrip transportation between St. Louis and The Lift Condominium by nonstop chartered motor coach (40 people); four days of lift tickets valid at Breckenridge, A-Basin, Copper Mountain and Keystone; and five nights' accommodation at The Lift Condominium.

The Lift Condominium units each house 10 people. Each unit contains a large studio with sleeping for four and fireplace,

balcony and kitchen, plus one bedroom with two double beds and a second bedroom with one double bed. In addition, you can use the pool, Jacuzzi or sauna, shuttle service and laundry facilities.

This trip is being offered through Tenholder Travel (South County). If you need more information call Dick Blume or Phyllis Krieger there at 892-8882 or Kathy Hugyez, CWC representative at 4539.

So get your group together and get in on this fun excursion. Make your reservations through Kathy. A \$100.00 deposit, good toward the total price, will be required at time of reservation. A second bus will be chartered if interest warrants.