

Orienteor

DEFENSE MAPPING AGENCY AEROSPACE CENTER

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June 29, 1973

ION Annual Meet Held In St. Louis



DMA Deputy Director, Maj. Gen. James H. Watkins, addresses a session of the 29th Annual Institute of Navigation meeting in St. Louis. Seated to the general's left is DMAAC Deputy Director Colonel Donald D. Hawkins, who chaired the June 21st session.

Hotline Brings Comments; Action

"I've been favorably impressed with the response," was Capt. Douglas Nolte's comment when asked about the use of the new Dining Hall Hotline.

As base restaurant officer, Nolte, monitors the hotline and forwards comments to the restaurant contractor for action.

The hotline was installed mid-June to provide Center employees with a means to register comments about the dining hall and snack bar operation. The hot line uses an automatic answering device that tape records the callers comments for later playback.

The number of the hotline is 865-5467.

Most of the comments have been in regard to quality of food or service, reports Nolte. Compliments have also been recorded on the new decor of the dining hall and the improved service at the South Annex snack bar.

One of the callers reported a leaky vending machine which was promptly corrected by the concessionaire.

All personnel are urged to take advantage of the "hotline" to register their comments on facility improvement. "All reasonable comments receive attention," said Nolte.

New Retirement Law Creates Exodus

As of Tuesday 77 DMAAC employees had taken advantage of regular or special retirement actions as they made their exit from the Center during the last days of June.

Many of the actions were a result of the President's signing H.R. 6077 which permits early optional retirement in major RIF situations, as determined by the Civil Service Commission, for employees of any age with at least 25 years service or after 20 years service at age 50. Annuities will be reduced 1/6 of 1 per cent for each month the employee is under age 55.

Billiard Title To GSS Man

Msgt. Odus Henson, of the DMAAC Geodetic Survey Squadron Wyoming, recently shot his way to the Air Force World Wide Billiards Championship held at Kirtland AFB, New Mexico.

Henson, a 21 year veteran of the service, won his first big tournament only two weeks preceding the world-wide competition.

During the New Mexico tournament Henson took on the best players from the Pacific Air Forces, European Air Forces and Southern Air Forces, along with players from continental U. S. bases. He lost only one game during the tournament.

Sergeant Henson hails from Augusta, Ark. and has been assigned at GSS since September 1970.

The Civil Service Commission ruled that the entire Department of Defense was a major RIF area and all qualified DoD employees in all occupations, throughout the 50 states, the District of Columbia and Puerto Rico were eligible under the law.

The new law coupled with the recent 6.1 per cent cost of living increase presented an advantageous situation for many DMAACers. To take advantage of the 6.1 increase retirements had to be effected by tomorrow.

Employees exercising the regular optional retirement under the new law, without regard for the 6.1 per cent cost of living increase, have until August 11 to complete their actions.

Retirement stories will be reported in the Orienteor as information forms are returned. All retirees were honored yesterday evening with a social gathering in the DMAAC dining hall.

Vehicle Registration Underway At Center

The annual exercise in 1. office symbol

The 29th Annual meeting of the Institute of Navigation was held in St. Louis from June 19th to the 21st.

DMAAC participation was evident in the meeting as the Center Deputy Director, Col. Donald Hawkins, chaired the June 21st sessions with Maj. Gen. James Watkins, DMA Deputy Director, delivering the luncheon address.

The June 21st session included papers presented on the topics of "A Hybrid Navigation System Simulation for North Atlantic Routes," "Pilotage Error in Area Navigation with Vertical Guidance," "An Exact Solution to a Problem in Positioning" and "On the Optimal Control of Merging North Atlantic Air Traffic".

Alcoholism Program Required At Agencies

Federal departments and agencies are required to maintain programs for prevention, treatment, and rehabilitation of their civilian employees with alcohol problems.

Requirements are outlined in Public Law 91-616 of December 1970, and Federal Personnel Manual Letter 792-4 of July 1971.

The Federal Civilian Employee Alcoholism Program has been implemented to help employees help themselves, and to reduce the losses chalked up to alcoholism every year.

The meeting was hosted by members of the St. Louis Section, which is composed primarily of DMAAC personnel.

Six special awards were presented at the meeting for outstanding contributions to navigation, special service to the organization and special achievement.

The Institute of Navigation is a scientific organization who's programs are directed toward elevating standards of navigation by coordinating the knowledge and achievements of practicing navigators, scientists and those involved in the development and production of navigational equipment.

A brochure, "Here's Looking at Us" has been published by the Alcoholism and Drug Abuse Program Office, Bureau of Retirement, Insurance and Occupational Health, U.S. Civil Service Commission. It discusses alcoholism and Federal employees; the problem, policy and the program.

Copies of the publication can be purchased at 25¢ per copy from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402.

Stoessel To Chair JCP Subcommittee

Otto Stoessel, chief of DMAAC Printing and Distribution Department, has been appointed to the chairmanship of the Joint Committee on Printing subcommittee on Paper Specifications.

Mr. Stoessel's appointment



came at the request of chairman of the JCP.

Stoessel has served for several years as a member of the Technical Subcommittee on Paper Specifications.

He has been associated with the Aerospace Center since 1949.

Committee meetings are expected to be infrequent allowing Mr. Stoessel to carry on his official duties with the Center along with his subcommittee duties.

The annual exercise in registering all vehicles owned by the personnel of the Aerospace Center is now in progress, according to officials of the Information and Installation Security Division.

Registration requires the completion of AF Form 533 by all personnel and the placement of new decals on the vehicles.

Regular distribution channels are being used by the Security people to supply individuals with the vehicle registration form. After the form is completed and returned to SOCB the distribution channels will again be used to disseminate the decals.

The front side of the form should be filled out as follows:

1. The Air Force installation: enter DMAAC
2. State of location: enter MO.
3. Liability Coverage: the minimum requirements by the State of Missouri are \$10,000 each person, \$20,000 each accident, \$2,000 property damage; however, the actual amount of coverage may be entered, if greater.
4. Certification: registrants must read, enter date, type or print name, grade and social security number and sign in ink only in the blocks provided.

On the reverse side of the form the following information should be entered:

1. office symbol
2. duty telephone number
3. number of vehicles to be registered
4. If you have a reserved parking space assigned, put the space letter and number, if you do not have an assigned reserved parking space leave blank.

The prestamped envelope must also be completed by the registrant in order to effectively return the registration decal.

Forms should be returned to the respective departments for bulk return to SOCB. Persons in staff offices or tenant units will receive their registration forms through normal distribution channels. After the forms are completed they may be returned in person to the vehicle registration section Building 36, or to the security police supervisor's office, main gate South Annex. They may also be sent through distribution to SOCB, Stop 45.

The new registration decal will be approximately 1 1/2 inch by 1 1/2 inch and blue in background color. It should be placed on the front bumper of the vehicle approximately under the headlamp on the driver's side. The bumper should be clean, warm and dry prior to application for best adherence.

All old decals must be removed.

A Driver's Prayer

"Lord, impress upon me the great responsibility that is mine as I take the wheel of my automobile. As I need thy guidance in all things, so now especially do I when I have life and death in my hands. Give me always human life.

When I would be careless, remind me of a deep reverence for and a desire to protect homes where there is sorrow and loneliness, of the hospitals where broken suffering bodies lie in anguish because someone forgot.

Write indelibly upon my conscience that each time I take the wheel of my car, I am a potential murderer; that in a few careless moments I could be face to face with dire tragedy for my own family as well as for others.

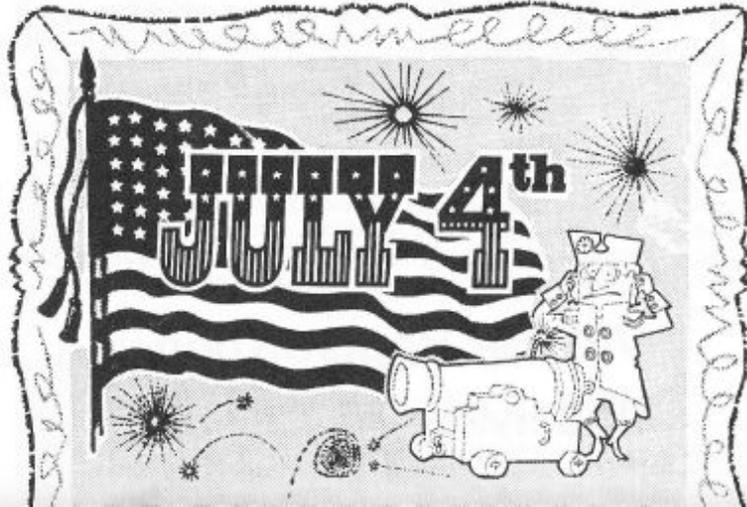
Give me grace to practice that Christian virtue of patience and thoughtfulness at all times.

Help me to show the same courtesy and kindness to other motorists that I expect from them. When others exceed the speed limit or otherwise break the law, let me not be tempted to do the same.

Forgive my stupidity if ever I think it is permissible to violate traffic laws so long as I do not get caught.

Remind me often that I am responsible to Thee as well as to the state to obey the ordinances of the highway; and when I do not, I sin against Thee as well as against my fellow men, even though nobody else may be watching and no accident result.

Lord, grant me control of my car and of myself at all times. Help me to live lawfully and peaceably, to save life and not to destroy it, and so by example to lead others to do the same. Amen." (Author Unknown)



Bits And Pieces

From the Black Book:

I was sitting at my typewriter today trying to figure out what to write about, when Al Lutes and Al Morgan of the paint shop walked into the office with some old Post Dispatch papers that they'd just uncovered behind the fireplaces in our building. The paper bore a December 5, 1949 date. That was the year when the Cardinals and the old Browns were talking baseball trades; when the movies featured Red Danube with Peter Lawford, Walter Pidgeon and Janet Leigh; T-bone steaks were 59¢ a pound; bacon was 34¢ a pound and two quarts of milk were only 34¢; a used '48 Hudson sold for \$1395 and a four-bedroom home, with wood burning fireplace on Magnolia was \$19,800. Reading through the yellowed, brittle paper brought back memories, but my reminiscing was abruptly ended when young Mrs. Jones, of our office, remarked, "That was before I was born." How to feel old in one easy lesson.

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The Fourth of July, the national birthday, comes up next week. Many will be trying to make a weekend out of a one day holiday so drive defensively when you're on the road.

dlb. .

The ORIENTOR is an official newspaper, published bi-weekly on Friday by and for the personnel of the Defense Mapping Agency Aerospace Center, at St. Louis, Missouri. Opinions expressed herein do not necessarily represent those of the DOD.

Col. Walter J. Chappas

Suggestions And Service Cited



Sarber



Wander



Fitzpatrick



Stephens



Lambert



Pink



Freyland



Snipes



Moore



Clay



Perlman



Schaffer



Williams



Cuevas



Dedham



Brooks

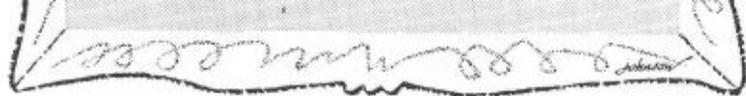
Suggestion awards were presented to: Kennard W. Sarber, LOPO and Kenneth Wander, ADDN, each received \$505.00 for their suggestion concerning the pricing structure of FLIP contracts.

Garrison Fitzpatrick, LOT, was awarded \$645.00 for suggesting that Transportation Division acquire an automatic Mail Inserter.

deliveries of computer materials. Norbert C. Pink, MDMC, received an award of \$80.00 for his suggestion, subject of which is classified.

Joseph Freyland, ADDN, received \$40.00 for his suggestion to consolidate data procedures in a Division FLIP production manual.

Pins and certificates for 20 years Federal service were received by:



Col. Walter S. Chappas
 Director
 David L. Black
 Chief, Office of Information
 Editor

Helen H. Stephens, RDLL, suggested improved publications procurement and received a \$100.00 award.
 Charles W. Lambert, ADA, received \$90.00 for suggesting use of the east fire door for daily

federal service were received by: John I. Snipes, Jr., CDCB; Donald J. Moore, CDCB; Albert Clay, LOSAM; Robert M. Perlman, RDGW; Donald W. Schaffer, RDSB; Bryan L. Williams, LOSAM; Florentine Cuevas, LOMS; Richard Dedham, CDF and Stanley C. Brooks, CDS.

Employers Support Participation In Guard, Reserve

All 50 state governors, 330 mayors and nearly 13,000 employers have signed statements of support for guard and reserve forces.

In the first annual report on achievements by the Committee for Employer Support of the Guard and Reserve, J. M. Roche, committee chairman, said he has been extremely gratified with employer support to permit employee participation in the guard and reserve programs.

The chairman said this support increased recently when George C. Meany added the support of the American Federation of Labor and the Congress of Industrial Organizations (AFL-CIO) and Postmaster General Elmer T. Klassen signed a statement covering 680,000 postal employees. In addition, Mayor Walter E. Washington of the District of Columbia, has signed a statement covering 60,000 employees.

Roche said: "The only measurement for our success is

based upon the number of employees we cover through these signed statements of support. Through personal contact, additional contacts by members of our executive committee and advisory council, direct mail, and public service advertising, we have succeeded thus far in securing signed statements of support covering more than 25 million employees."

Formation of the committee was announced by the President on June 22, 1972. Its purpose is to secure the understanding and appreciation of American employers concerning employee participation in the guard and reserve. Each employer is contacted and requested to sign a statement of support for the guard and reserve, which outlines basic company support for employee membership in this nation's citizen-military forces. The program is geared to enhancing the value of the guard and reserve as a valuable and necessary part of the nation's total force structure.

Spanish Import First Beef Steak

In these days of high beef prices it might be of interest to know that beef cattle have been in this country for around four centuries.

Escaped livestock from the expeditions of the Spaniard, Francisco Vasque de Coronado are supposed to have formed the nucleus of the wild herds of mustangs and longhorns so long part of our Southwest. This, however, is pure speculation. It is pointed out that Coronado's soldiers preferred stallions, the Padres favored mules, and that there were only two mares with the expedition. Thus, it is highly unlikely that two mares sired this vast population.

Juan de Onate is supposed to have brought the first permanent cattle herd of record across the Rio Grande in 1598. Thereafter, cattle spread quite rapidly. A vital role was played by the missions by their encouragement of livestock culture. Every mission outpost had its herd and its native vaqueros.

By the time the first Anglo-



American colonists settled along the Brazos River in 1821, lower Texas swarmed with cattle. Most of the first settlers became cattle owners for good reason. A farmer was granted only 177 acres of land, whereas a cattle raiser received up to 4,615 acres. In 1848 there were 382,873 cattle in the area, by 1860 there were 3,786,443.

The language associated with cattle raising of course reflect-

ed its Spanish origins. The Spanish-Mexican influence is seen in words like corral, tapaderas, remuda, segundo, bronco, jinete (bronco buster), orejamo (bronco buster) frijoles, hombre, loco, arroyo and morral, which are almost pure Spanish words.

Other words were twisted in transition to English, for example lazo and lasso, la reata and lariat, rodear and rodeo, adobe and doby, pinta and pinto.

People fed up with the high prices of beef today might be interested to know that back in 1866 a buyer looked over a herd of 3,500 Texas steers, took the best 600 head of \$6 a head and a second 600 head at \$3 a head. Thus, he got 1,200 choice cattle from the herd at an average of \$4.50 a head, or about 40 cents a hundred weight, gross.

If it had not been for the Spanish-Mexican cattle raisers of four centuries ago, however, beef prices might be much higher today.

Retirement Exodus Begins

DONALD D. DAWSON, PDF, reached the 30 year mark just six months ago. He spent the past 23 years at DMAAC and has been assigned to the Printing and

plan, after retirement, is to take a short trip to Japan in July to visit his relatives.

He started on May 13, 1943 at Army Intelligence School, Camp

He then joined the Plant Staff where he has served for the past 18 years. His most notable achievement was the creation of the DMAAC Quality Control



Dawson



Ozment



Izumi



Miller

Distribution Division, Finishing Branch.

"My retirement plans are to travel and see some new places and move to Arizona where my daughter lives," he replied, when queried on his future plans.

GEORGE W. OZMENT, PPIB, entered Federal service in February 1946 with the Army Finance Center (Savings Bond Branch) as a Claims examiner. He moved with the office to Indianapolis, Ind. in 1952. In January 1953 he transferred to DMAAC and was assigned to the Manpower and Organization office where he remained until the DMAAC reorganization in July 1972, when he was reassigned to PPIB as a Management Analyst.

When asked about his retirement plans he replied, "We plan on traveling a lot in the U.S. and Europe, and I enjoy working outside around the house and with flowers." "I plan also to devote more time to church activities," he added.

SHINSUKE E. (Eddie) IZUMI, RDL, received his 30 year pin and certificate last month and decided to retire in June. His immediate

Savage, Minn. as a language instructor. A few days later he was transferred to Army Map Service in Cleveland, Ohio, which was the beginning of his mapping career. He was transferred to AMS Headquarters in Washington, D.C. and on December 7, 1956 joined ACIC's Det 1 in Washington. When the Research Division was moved to St. Louis the following year he was assigned to ACIC's Geodetic Liaison Group at Army Map Service.

In the spring of 1968 he was transferred to St. Louis and since then, except for the last few years, has been assigned to Geo-Science Division as a cartographer and physical scientist.

DAVID C. MILLER, PPIA, began his Federal career in January 1940 as a junior lithographer, artistic, in the Reproduction Branch of U.S. Coast and Geodetic Survey, Washington, D.C. He transferred to the Aeronautical Chart Branch a year later and began his career as a cartographer.

He transferred to ACIC/DMAAC in St. Louis in 1954 where he supervised an Edit Section in Cartography Division for a year.

System which has been acclaimed throughout government and industry.

His retirement plans include his Mail Order business as stamp dealer, some travel and, of course, working around the house.

Other retirements, for which no information was received by the Orientor included:

AUSTIN FITZMAURICE, RDSB, a cartographer, who spent all but 13 months of his 19 years, 7 months of his total Federal service at DMAAC.

FLOYD J. PFINGSTEN, AD, an Aeronautical Information specialist, with 30 years, 7 months total Federal service. He had been at DMAAC 18 years, 9 months.

WALTER W. EDWARDS, PDB, an offset pressman retired effective June 13. He had 23 years service at DMAAC.

MARIE E. MATOUSHEK, ADL, an Aeronautical Information Clerk retired effective June 23 with 10 of her 11 1/2 years service at DMAAC.

RAYMOND P. KINSELLA, CDAP, with all but 7 of his 25 years, 8 months service at DMAAC. He was a photon composition machine operator.

GEORGE CARTER, FEMC, re-

CONSUMER PROTECTION

Domestic Weapons

By Virginia Knauer
Special Assistant to President Nixon
for Consumer Affairs

What domestic appliance do you know of that can cut like a knife, shoot like a gun or explode like a bomb?

Your rotary power lawn mower can if it is carelessly used.

The most hazardous part of your mower is the fast rotating blade, but you should be aware of other hazards too. Rocks and other debris can be hurtled from the discharge chute at high speeds. A mower gas tank being filled while hot can explode. A mower running in a closed garage can emit poisonous carbon monoxide fumes. Or loose clothing — even long hair — can be caught in a mower's exposed moving parts.

The power mower is a valuable tool for the modern homeowner, but it is not a toy and should be taken seriously. In 1969 an estimated 140,000 injuries were caused by mowers. Fortunately, there are two ways to reduce the injury toll: design a safer mower and increase consumer awareness about safety.

Improved safety features are becoming available on many models, such as discharge chutes that minimize ejection of dangerous objects and guards that keep the operator's feet away from the blades.

Look on your mower for the triangular silver-colored safety seal, sponsored by the Outdoor Power Equipment

"ANS B71.1—1968." The standards have been upgraded in 1972 so that later in the year you may see a new gold-colored seal labeled "ANS B71.1—1972."

However, the ANSI standard is voluntary and is only a minimum standard.

Here is where consumer safety awareness comes in. By investigating the safety features of the mower you buy and by paying a few extra dollars if necessary, you can get a mower whose safety features exceed the minimum. Ask your dealer for the free safety mowing guide published by OPEI or write to Outdoor Power Equipment Institute, 734 15th St. N.W., Washington, D.C. 20005.

The OPEI guide can be especially useful if you own a mower bought many years ago when safety features were fewer or if you have lost your owner's manual. Also, you should have your mower inspected annually by a serviceman to eliminate loose parts, cracked blades and other hazards.

To report a mower accident, write a letter to OPEI and send a copy to Food & Drug Administration, Bureau of Product Safety, Room 222-C, 5401 Westbard Ave. Re-

Saulnier Earns Masters

Mr. Leo W. Saulnier, Jr., Systems Programmer in MDCS, was awarded a Master's Degree in Business Administration from the Graduate School of Business, Washington University, at commencement ceremonies held May 25.

With approval from the school and permission from DMAAC, Mr. Saulnier enrolled in selected job related courses during working hours, and completed the 60 hour program in nine semesters instead of ten. To fulfill his MBA requirements, Mr. Saulnier studied in such specialized areas as Accounting, Economics, Marketing, Finance, Business Law, Personnel, Production, Operations Research and Quantitative Business Analysis, Computer Programming and International Business.

In completing these courses, he engaged in extensive research in many areas, including an in-depth analysis of several major U.S. corporations, the preparation of a complete five-year forecast and projection for Combustion Engineering, Inc., and the writing and complete documentation of a Fortran compiler.

Mr. Saulnier is an active member of the St. Louis Region of the Sports Car Club of America, where he serves as Chief Starter of all races. He also serves on the



organizational committee as Chief of Scoring for the Daniel Boone National Rally, to be held in the St. Louis area in July.

Mr. Saulnier met his wife, Gayle, in 1964 while they were both attending the carto training school. Gayle is presently assigned as an analytical photogrammetrist in MDAD. They live in Meville with their two children, Stephen, 7 and Mark, 4.

Appreciation Expressed

John Kelly recent retiree from DMA headquarters PPO, has expressed his appreciation to DMAAC personnel for all the in-

valuable assistance they have rendered during his years of association with ACIC and then DMAAC.

Six Flags Tickets
AVAILABLE AT
REDUCED PRICES
at
Arsenal Credit Union

Nine Holidays FY 74

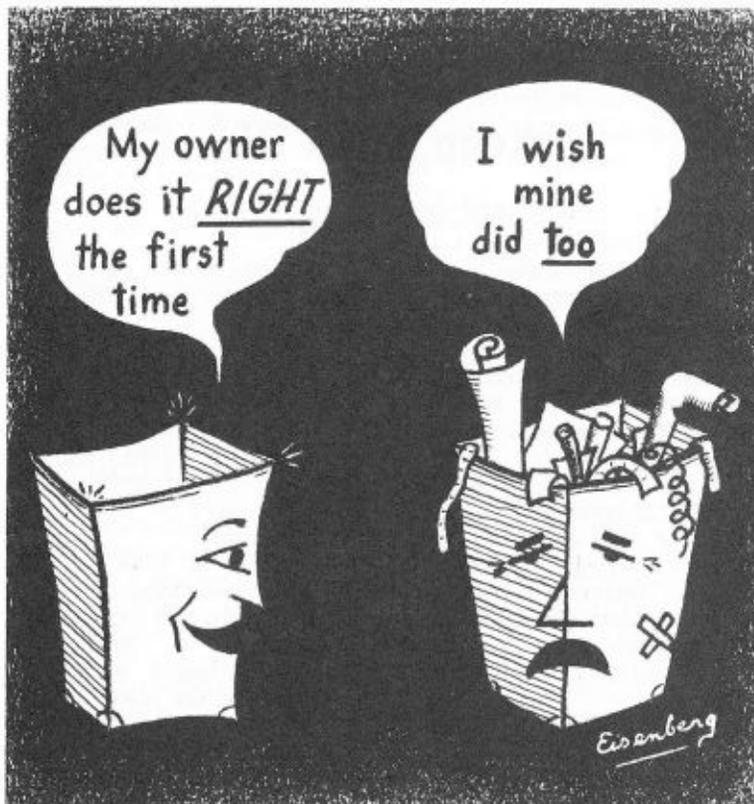
There are nine legal Federal holidays on tap for fiscal year 1974.

Leading off will be Independence Day on July 4, followed by Labor Day on Sept. 3. Other holidays include Columbus Day on Oct. 8; Veterans Day on Oct. 22; Thanksgiving on Nov. 22; and Christmas on Dec. 25.

Also, New Year's Day on Jan. 1, 1974; Washington's Birthday on the third Monday in February; and Memorial Day on the last Monday in May.

Outdoor Power Equipment Institute, which indicates that the mower has been certified by an independent laboratory to meet standards set by the American National Standards Institute in 1968. In small print you will read:

C, 5401 Westbard Ave., Bethesda, Md 20016. Include the manufacturer's name, the model number and the serial number. This will aid FDA in its efforts to gather data about product-related injuries.



We Asked Them . . .

"What is your reaction to having more car pools because of the present gasoline shortage?"

THEY ANSWERED . . .



"Having more car pools would help save gasoline. With 3,000 employees here, we would have 1/3 less the number of cars that we have now. DMAAC employees would save about 10,000 gallons of gasoline, or about \$4,000."

—George Collins, PRRS



"I don't think there's a shortage! I think they're just trying to increase the price of gasoline, which has actually been done in some cases. The big gas businesses are trying to squeeze the smaller ones out. As soon as a small gas station goes out of business, the larger ones move in and install more gas tanks."

—Lucille Whitmore, Snack Bar



"More car pools would help save gasoline. With fewer people driving it would help a lot. I'd be willing to join a car pool with my main motive being to save on gas money."

—Robert S. Arganbright, MDCA



"We could have more car pools by computerizing the program to get people together who live in a certain area. With less people driving it would help save money and gas. A lot of people who work here live near me. If I was in a car pool with about four of these people I could save about half of my gas expenditures."

—Leon Smith, MDMD-2



"It could help to alleviate some of the problems caused by the gas shortage. I think there needs to be more control as to who is over the car pool, as there has been confusion in the past. But, I don't think the shortage is as bad as the papers say it is."

—Carolyn Borough, CDSQ



"I don't believe in the gas shortage. I am very skeptical about it. I suspect it isn't as much to it as is said. But having more car pools sounds very ecological."

—Susie J. Duff, Credit Union,
(Summer Worker)

Geodesist's Cooking Out of This World

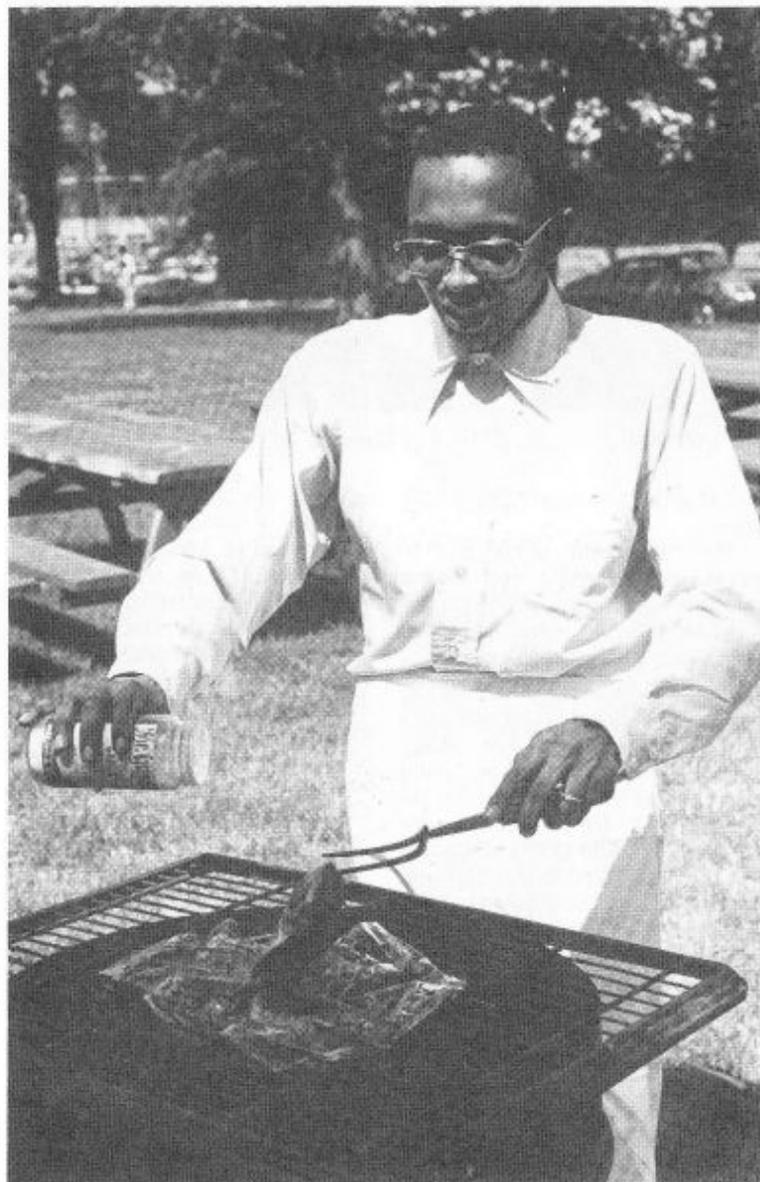
by Karen Rollins,
Summer Aid, OI

Do you like black eyed peas, collard greens, baked sweet potatoes, cornbread, neck bones, chow-chow (green onions, green hot peppers), buttermilk and beer? Is this soul food? You bet! This is what Jessie Jones calls the "Basic Black Menu." Jessie Jones, a geodesist in RDGG, treasurer of BAG, and also secretary of AGU, has a most interesting hobby, cooking soul food.

Mr. Jones became interested in cooking when he was very young, and first learned by watching his grandmother cook. He later did his own research and took cooking for his hobby.

Soul food has been his main interest because "soul food has been economical to cook," and "soul food is an expression of Blackness." Although a great cook, Mr. Jones would not like to be stuck in a kitchen cooking in a big restaurant. Mr. Jones said, "Cooking is my hobby. Knowing more about the customs of foods is what interests me most." Making people aware of where the different foods come from and the distinct preparations used by different ethnic groups are his main goals. For example, okra and black eyed peas came from Africa. The use of hot peppers in sauces for the barbecue began in Africa. Sweet potatoes and beans also came from Africa. "This is the part of our heritage that people overlook."

Mr. Jones says that most people fail to realize that there are many different ways of preparing a dish and that each country has a different way of doing so. For example, Mr. Jones said when he cooks, the dish he cooks will depend upon the mood he is in.



Below is the recipe for Mr. Jones' original barbecue sauce, "dry sauce," which he also uses on the barbecue steaks in the photo.

(photo by Ed Mullen)

DRY SAUCE

"This is a lazy cook's recipe for barbecuing ribs. It combines very basic ingredients with simple preparations, to make any backyard burner a creative chef. With this seasoning, there are no pre-fixed amounts. You



"Having more car pools sounds like a good idea. If everyone cooperates it should be successful and people can save money on the gas too."

—Charlotte Morris, MDAB-1

Keep Track Of Valuable Paperwork

Many people shove personal papers into dresser drawers and forget them until they're needed.

But a wise man will keep them in at least a fire proof box if not a safety deposit box. And he'll advise people who need to know where they are.

Vital documents begin accruing the day of your birth, and accumulate through life. School records, marriage certificates, tax records, insurance papers, mortgages, military records all add to the collection.

Information available should include:

Names and current addresses of all blood relatives.

Names and addresses of insurance agencies, lawyer and brokers.

A record of bills owed; and a list of people owing money to the family.

Location of insurance policies and other valuable papers, including the last will and testament.

Location of birth certificates, social security card, marriage certificate, military service record, and any adoption or divorce records.

Location of bank accounts, passbooks, investments, contracts, savings bonds, and securities.

Location of income tax records, mortgages on house or property, and car titles.

Inventory of personal possessions and contents of the home with values attached.

And, most important location of safety deposit box and key.

depend on the mood he is in. "Take a simple food like chicken, anything from arroz con pollo (Spanish dish) to smothered or the more exotic doro wat (African dish)."

Mr. Jones has also noticed that most people eat what their parents or friends eat and are too cautious in trying exotic dishes, such as snake meat and turtle meat, which he thinks are delicious.

Mr. Jones has made many public appearances doing soul food cooking demonstrations. He recently did a promotional spot for the Stix-Baer & Fuller Summer Festival with barbecue as his feature dish, using three different sauces: sauce beautiful; red pepper paste, an Ethiopian original; and dry sauce, his own original. He has also appeared on the Reed Farrell Show on KPLR-TV, and entered in the Globe Democrat Sponsored National Chicken Cooking Contest.

As a future engagement Mr. Jones will conduct a seminar on soul food cooking at the Learning Center on Taylor and Westminster, with emphasis on the economic soul cooking, beginning tomorrow. He is looking forward to teaching a class on West African foods for the University City School of Continuing Education.

Although geology is his vocation, there is no doubt that Jessie Jones takes great pride in his avocation of soul cooking.

creative chef. With this seasoning, there are no no-fixed amounts. You need only a feeling that you are preparing the best piece of barbecue you have ever eaten. Let your taste be your guide."

Ingredients:

- slab(s) of ribs
- lemon rind
- dry mustard
- seasoned salt
- seasoned pepper
- red pepper
- paprika

Thaw ribs, rub lightly with lemon rind, then sprinkle liberally with seasoned salt. Very, very lightly sprinkle with dry mustard, red pepper mixture. Shake paprika and rub meat. Repeat on both sides. Use table fork to pierce meat thoroughly. Let stand while making fire. Do not place on grill until coals are evenly white. Raise brazier rack until lowest possible heat reaches ribs. Place ribs on rack and cover with foil. Cook slowly until one side is done; turn and cook other side. No basting is usually necessary. If desired, use beer or water baste.

Absence Explained Blood Donation

Civilian Personnel, in a recent newsletter, explained the provisions of Air Force Regulation 40-602 which allows an excused absence when donating blood.

The regulation provides an excused absence without charge to leave or loss of pay not to exceed four hours for blood donors. "This does not mean that each blood donor automatically receives 4 hours excused absence as a "reward", so to speak, for his donation," reports Personnel. "Rather it is the maximum number of hours allowed under

normal circumstances for travel to and from the donation site, actual donation period, and any rest and recuperation needed as a precautionary measure following donation. Some individuals need the full 4 hours but many others need much less," added the Personnel Office. "Any supervisor who automatically excuses each blood donor 4 hours, or any employee who takes 4 hours when less time is needed, fail to comply with the intent of referenced directive and therefore are in technical violation of its provisions."